

Schenectady Chapter of the ADK

August/September 2004

New & Reinstated Members

Adams, Stacey & Fam.
Anderson, Christina
Coons, William

Cortelton, Dan, Andrea & Fam.
Gray, Jane, Mary Jane Stefan & Fam.
Jancik, Lori & Bruce Eelman & Fam.

McCoy, Anne
Merriam, Brian, Judith & Fam.
Perkins, Angela, David Mellon & Fam.

Nomination of Chapter Officers

The Nominating Committee has prepared the following slate of officers for the 2005 Schenectady ADK Chapter Board:

Chair	-	
Vice Chair	-	Norm Kuchar
Treasurer	-	Jeff Farbaniec
Secretary	-	Lois Leonard
Project Coordinator	-	Bob Grimm
Project Coordinator	-	Sally Dewes

Several members have served Schenectady ADK for many years. We appreciate their efforts and hope that new, enthusiastic faces will join us on the Chapter Board. If you think you would like to be involved in the club at the Board level, please contact Frank Sorbero at 843-2786 or fsorbero@nycap.rr.com; Jim Burgess at 374-0030; or Bob Grimm at 842-7436 for more information and duties of these offices. The time commitment is not very much and you could bring fresh ideas to the Schenectady ADK.

The Chapter By-laws specify that "Additional nominations may be made by petition, signed by five members and accompanied by a signed statement of acceptance from all such nominees. Such nominations are to be in the hands of the Secretary by September 17, the deadline of *The Lookout* preceding the Annual Meeting."

**Please forward the nominations
to the following address:**

Lois Leonard, Secretary
Schenectady Chapter of the ADK
PO Box 733, Schenectady, NY 12301-0733

The Lookout's Oct/Nov issue will include the ballot.

Schenectady Chapter ADK Inning "Kayaking in New York" Sally Dewes

When: Wednesday,
September 8, 2004
Time: 7:00 p.m.
Where: Shenendehowa Public Library
47 Clifton Country Road
Clifton Park, NY

Whether you're an experienced kayaker or interested in getting started in this sport, you'll enjoy Sally Dewes' talk on kayaking a wide variety of nearby waterways. Sally, who has paddled on 65 rivers in New York and nearly 100 in North America, will speak and answer questions on both whitewater and flatwater kayaking. An accomplished photographer, she will illustrate her talk with many of her great photos. For more information about the program, please call Norm Kuchar at 399-6243.

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Mark Your Calendars - Save This Date!!

***Schenectady Chapter Annual Dinner Meeting
Tuesday, October 26, 2004
at Schenectady County Community College***

This year we celebrate the centennial of the Catskill Park. Tom Alworth will speak on the future of the Catskills, a beautiful area under intense pressure from development and overuse. Tom is Executive Director of the Catskill Center for Conservation & Development, an organization dedicated to the environmental and economic health of the region. Look for details in the next issue of *The Lookout*.

HIKE CLASSIFICATIONS

<u>Distance</u>	<u>Leader's Pace</u>	<u>Terrain</u>	<u>Examples</u>
A+ 13 Miles or More	1. Fast	A Very Difficult	A+1A Most Difficult Trip
A 8-12 Miles	2. Moderate	B Strenuous	B2C Moderate Trip
B 5-8 Miles	3. Slow	C Average	C3D Easy Trip
C Under 5 Miles		D Easy	

Outings Schedule for August, September & October 2004

*FOR FURTHER DETAILS and TO SIGN UP, CALL TRIP LEADER. Try to call at least two days in advance.
Leaders may cancel on the day before an outing if there is insufficient interest.*

The Schenectady Chapter Board agreed to provide partial (\$150) tuition refund for outings leaders who take Wilderness First Aid courses. The program is modeled after the 46ers current program so people who are both 46ers and Schenectady trip leaders can get a total of \$200 reimbursement. Call Chuck Wilkison (793-8041) or Walt Hayes(399-7482) for further info.

Mon 2 Aug
Ampersand Mountain, Class B2C
Walt Hayes, 399-7482

Former fire tower peak with bald top and some of the best views in the Adirondacks. Under 6 miles with 1775 feet of ascent. This trip in celebration of the 50th anniversary of first Adirondack mountain climb by Walt Hayes and Norm Kuchar who first visited these mountains from their Ohio homes.

Thur 5 Aug
Hedgehog Hill bushwhack,
Class B2B
Walt Hayes, 399-7482

A 6 to 7 hour ramble near Schroon Lake. First to the summit of this small hill near Schroon Lake and then in search for old NYS trails. Probably about 5 miles with a little elevation change.

Tues 10 Aug
Goodnow Mountain, Class C2C
Barbara Kolapakka, 583-9038

Fire Tower Challenge
Easy pace climbing this restored fire tower with panoramic views of the High Peaks. The fire observer's cabin has been furnished to look as if it was still in use. 3.8 miles round trip with 1040 feet of ascent.

Wed 11 Aug
Peaked Mountain, B2C
Roger Borgen, 371-1128

See Central Region Guide to Adirondack Trails. Six miles with 1245 foot ascent.

Sat 14 Aug
Sleeping Beauty, Class C2C
Ken & Nilde Marcinowski,
885-9400

A 4.5 mile loop from Dacy Clearing with 1038' elevation gain. Great views offering a wide vista of Lake George and beyond. Please call by Thursday evening prior to hike.

Sat 14 Aug
Eagle & Balsam Mountains,
Class A2B
Sid Borthwick, 347-2901

We will start from the McKenley parking area and bushwhack up to Eagle. We will then follow the trail over to Balsam. We will return on the Oliverea Trail. Total distance of 8 miles with total ascent of around 2500 feet. These peaks are included in the Catskill 3500 Club "35 Highest". Please contact leader for details.

Sat 14 Aug
Mass. A. T. #1, Class A-3C
Betty Lou Bailey, 355-0604

Massachusetts Appalachian Trail

Vermont border to Pattison Road. This trip includes a little Appalachian Trail mileage in VT as well as .9 mile on an old undriveable road to access the AT. After some minor ups and downs in the woods, reach Eph's Lookout, then East Mt. with great views. Descend along Sherman Brook, cross Hoosic River in Blackinton, push "walk " button to cross highway, then back into woods after two blocks of houses. Descent 1600 feet, but only 700 feet ascent. 9 miles total.

Tues 24 Aug
Moreau Lake State Park, Class B2C
Walt Hayes, 399-7482

Another hike to introduce members to the new parts of this nearby park. About 4 to 5 hours at moderate pace. Under 1000 feet of ascent. No bushwhacking. Call Aug 20 to 23.

Sat 28 Aug
Snowy Mountain, Class B2B
Harold McCumber, 274-3960

Fire Tower Challenge

7.8 miles. Long day. Bring lunch and water. Summit has excellent views.

Sat 28 Aug
Kilburn Slide, Class B2B
Norm Kuchar, 399-6243

This slide was formed on the western slopes of Kilburn Mountain, in the Sentinel Range following a major downpour about 8 years ago. We will bushwhack to the base of the slide, climb a headwall, and then follow the slide bed to the point where it becomes very steep. The open rock allows good views of Whiteface and the McKenzie Range. Distance is about 5 miles, with an ascent of 1200 ft.

Wed 08 Sep
"Kayaking in New York"
Shenendehowa Library
7:00 p.m.
Sally Dewes

Join us for this Inning to learn more about kayaking opportunities in our area. Sally will talk about both whitewater and flatwater kayaking. (See page 1 for more information.)

Sat 11 Sep
Wittenberg & Cornell, Class A3B
Sid Borthwick, 347-2901 or
email sborthwi@nycap.rr.com

This outing is a moderately strenuous trail hike at an easy pace. Plan on a round-trip distance of 9.6 miles with total ascent of 2600'. Views from the summit of Wittenberg are outstanding and it is a great place to have lunch. These peaks are included in the Catskill 3500 Club "35 Highest". Please contact leader for details.

Sat 11 Sep
Appalachian Trail MA, Class A2B
Neil & Jackie Parker, 371-9139

Massachusetts Appalachian Trail

This segment of the AT starts on Outlook Ave. north of Cheshire, and after clearing the village climbs by the Cobbles. In 6.5 miles it goes thru Dalton with the trip ending at Grange Hall Road after a 700 ft. climb over day Mt. Distance is 12.8 miles with 2200' of elevation gain.

Sun 12 Sep
Graham & Doubletop, Class A-2C
Al Knight, 827-8599

Trailless Catskill peaks. Joint trip with Catskill 3500 Club. 8 miles 2360 feet of ascent. Strenuous bushwhack at moderate pace.

Mon 13 Sep
Niagara Bushwhack, Class B2B
Walt Hayes, 399-7482

2100 ft. ascent. 8 miles. No trail. Approach is on path along Walker Brook. Great views of Dix range and area. Possible additional climb of Nippletop if there is interest.

Wed 15 Sep
Bald Peak, Class B2B
Roger Borgen, 371-1128

See High Peak Region Guide to Adirondack Trails. 7.8 miles with 2400 ft ascent.

Sat 25 Sep
Gore Mountain, Class A3B
Rich Vertigan, 381-9319

Fire Tower Challenge

Climb Gore Mountain via the Schaefer Trail from Ski Bowl Road in North Creek. 4.5 miles each way, with about 2500 feet of total ascent, at a relaxed pace.

Sat 25 Sep
Peekamoose, Table, Lone & Rocky,
Class A+2A
Sid Borthwick, 347-2901 or
email sborthwi@nycap.rr.com

This outing is a strenuous hike, including "down and dirty" bushwhacking to Lone and Rocky. Plan on a moderate pace with a total round-trip of approximately 14 miles and total ascent of 4500'. These peaks are included in the Catskill 3500 Club "35 Highest." Please contact leader for details.

Sat 25 Sep
Mass. AT. #5, Class A-3C
Betty Lou Bailey, 355-0604

Massachusetts Appalachian Trail

County Road to Goose Pond Road. 9.7 miles. Here's your chance to cross the Mass. Turnpike on the massive AT overpass. The hike features ponds: Trinity Pond, Greenwater Pond and Upper Goose Pond, by far the nicest. Ascent is 1565 ft. total, but it is spread out so 420 feet is the biggest single climb.

Sun 26 Sep
Moreau Lake State Park
Ruth Schottman, 399-5728

A 4 to 5 hour moderate ramble through woods with a few short steep sections.

Sat 2 Oct
Castle Rock, Class C2D
Harold McCumber, 274-3960

Four mile round trip. Great views. Lunch on top. Leisurely hike up and down.

Sat 2 Oct
Good Luck Cliffs
Bob Ringlee, 374-6760

Kids Hike (for children with parent or grandparent)
This is in the Ferris Lake Wild Forest. 700 ft. climb to nice view from the cliffs. Side visit to Good Luck Lake. 4.4 miles.

Sat 2 Oct
Pitchoff Mountain, Class B2B
Norm Kuchar, 399-6243

This trip was cancelled last fall due to bad weather. Pitchoff offers great views of the High Peaks and the rest of the Sentinel Range to the north. Starting near Upper Cascade Lake, we will climb steeply up to the ridge and then go over open rock to a series of summits. Depending on interest, we can do a through hike to the northern trailhead or an up-and-back trip. Either way, it's about 5 miles with 2000' total ascent.

Sun 3 Oct
Noonmark & Round Mountains,
Class B2B
Jay Summerson, 673-2664

Two popular peaks with views in Keene Valley. Noonmark will be climbed first and if the group has enough desire Round will be done on the return. Total 3000 ft. ascent. 8 miles RT

Sat 9 Oct
Fir and Big Indian, Class A3A
Sid Borthwick, 347-2901 or
email sborthwi@nycap.rr.com

Part of the outing involves strenuous bushwhacking to two summits at an easy pace. Plan on a round-trip distance of approximately 12 miles; total ascent of 2500'. These peaks are included in the Catskill 3500 Club "35 Highest". Please contact leader for details.

Sat 9 Oct
Appalachian Trail, MA, Class A2C
Neil & Jackie Parker, 371-9139

Massachusetts Appalachian Trail

This segment of the AT picks up at Grange Hall Road, runs 10.9 miles over Tulley and October Mts. ending at County Road. Total elevation gain is 1200 feet with 700 feet gained within the first two miles.

Wed 13 Oct
Bald (Rondaxe) Mountain & Vista
Trail, Class B2C
Norm Kuchar, 399-6243

Fire Tower Challenge

Bald Mountain, with its open, rocky top and fire tower, offers great views of the Fulton Chain of Lakes. Because it's a short hike (and a long drive), we'll add a scenic section of the Vista Trail, which starts from the same trailhead and passes a couple of ponds on the way to more views. Total distance about 6 miles, with 1000 ft. ascent.

Sat 16 Oct
Northville-Placid Trail Steward
Trip, Class B3D
Rich Vertigan, 381-9319

Join us for our semi-annual cleanup patrol on the Northville-Placid Trail, between McCanes' and Lake Durant. Sidecutting, drainage clearing, light blowdown removal. 5.7 rolling miles as a through trip, and a nice lunch spot at Stephens Pond. Easy introduction to trail maintenance. Limited to 6 participants.

Tues 19 Oct
Huckleberry, Class B2C
Walt Hayes, 399-7482

Easy climb of this ridge to view vegetation recovery since fires of 2002. 1000 ft. ascent; 5 miles. Route follows path with some easy bushwhacking. Great views from cliff tops.

Sat 23 Oct
Tripod, Class B2B
Walt Hayes, 399-7482

3300' Keene Valley trailless peak, with good views. About 1800 foot ascent. Under 6 miles. Will involve tough bushwhacking as we near summit.

Wed 27 Oct
Trout Brook Explore, Class B2B
Walt Hayes, 399-7482

Hoffman Notch Wilderness. Hike trail to Trout Brook then bushwhack up brook looking for waterfalls. About 7 hours.

Sat 30 Oct
Halcott and Westkill, Class A3A
Sid Borthwick, 347-2901 or email
sborthwi@nycap.rr.com

We will bushwhack at an easy pace up to the summit of Halcott. The round-trip distance is 5 miles with total ascent of 1700'. We then will regroup and go to the trailhead of Westkill 7 miles away from the Halcott parking area. We will also experience a moderately strenuous trail hike at an easy pace up to the summit where actually a Westkill sign exists. Plan on a round-trip distance of approximately 8 miles with a total ascent of 2000'. These peaks are included in the Catskill 3500 Club "35 Highest". Please contact leader for details.

VOLUNTEER TO BE A LEADER or CO-LEADER FOR AN OUTING -- CALL WALT HAYES, 399-7482

Schenectady ADK Whitewater Paddling Schedule thru October

Lifejackets are required on all paddling trips. Dress appropriately for weather conditions. All trip leaders will screen prospective paddlers to be sure equipment and experience is appropriate for the trip. Misrepresentation or over estimation of skills is a common cause of whitewater accidents. Paddling skill should allow each boat to confidently eddy out regularly, thereby keeping the group together and for members to keep an eye out for each other. Boats should be appropriately outfitted for the level of water.

Date	Day	Trip location	Class	Leader	Phone
7-25	Sun	Battenkill Watermelon trip: 11:00 a.m. meet	1+	Chuck Wilkison Lat Schmidt	793-8041 372-2915
7-31	Sat	Deerfield (Dryway) 1100cfs	4	Horst deLorenzi	399-4615
8-06	Fri	Deerfield (Dryway) 1000 cfs	4	Horst deLorenzi	399-4615
8-07	Sat	Sacandaga	2/3	Dave Avigdor	654-6609
8-14	Sat	Deerfield Fife Brook	2/3	Norm Labbe	877-0076
8-15	Sun	Deerfield (Dryway) 900 cfs	4	Mal Provost	399-1565

Date	Day	Trip location	Class	Leader	Phone
8-21	Sat	Hudson Gorge	4	Chuck Wilkison	793-8041
8-27	Fri	Deerfield (Dryway) 900 cfs	4	Bob Wright	279-1428
8-28	Sat	West Canada Creek from Trenton to Poland	1	Betty Lou Bailey	355-0604
8-28	Sat	Deerfield (Fife Brook)	2/3	Larry Kaempf	877-8784
9-04	Sat	Deerfield (Dryway) 900 cfs	4	Horst deLorenzi	399-4615
9-04	Sat	Beaver River Fest	4/5		
9-11	Sat	Hudson Gorge	4	Mal Provost	399-1565
9-25	Sat	West River release	2/3+	Bob Wright	279-1428
10-02	Sat	Esopus release	2/3	Larry Woods	271-0270
10-09	Sat	Hudson River from Thurman Bridge near Warrensburg to Thousand Acres Resort – <i>Great Fall Foliage!!!</i>	1	Chuck Wilkison	793-8041
10-16	Sat	Moose Fest Lower Moose	4	Chuck Wilkison	793-8041
10-23	Sat	Farmington River: Paddle the top and bottom class 2 sections only or also include the class 3+ middle section with trip leader	2 and/or 3 +	Chuck Wilkison	793-8041

Trip Tales & Paddling Parables

Mt. Blue 01/31/04

The hike to Mt. Blue usually begins with a canoe paddle across Garnet Lake, but a group of 15 tried this as a winter trip, crossing the frozen lake on snowshoes. After reaching a vly near Lixard Pond, we left the marked trail and bushwhacked up the steep southeast ridge through a beautiful birch forest. Large open areas near the summit gave wonderful views of Crane, Moose and Baldhead Mountains and beyond. Abundant sunshine made up for temperatures in the low teens. Participants: Melinda Broman, Andy Caruso, Lynne Christensen, Horst deLorenzi, Walt Hayes, John Interrante, Emil Klymkow, Ken and Nilde Marcinowski, Lin Neil, Nancy Scarselletta, Berne Shaw, Ken Slack, Harry Stevens and the trip leader. (Norm Kuchar)

Cascade and Stephens Pond 02/21/04

Trip cancelled due to sleet and freezing rain. (Norm Kuchar)

McKenzie Mountain 04/24/04

Six of us had a great workout climbing this just-under-4000-ft. mountain, but we found that we were a few weeks too early. Winter still had a grip on the mountain top with up to two feet of snow on the several false summits and in the intervening cols. We were stopped just short of the true summit by very steep ice-covered slopes which the leader decided were too dangerous to negotiate. Participants were Roger and Liz Feuerstein, Ken and Nilde Marcinowski, Dick Marra and the trip leader. (Norm Kuchar)

Auger Falls 05/16/04

A beautiful, warm day in May with some black flies and mosquitoes. Nine of us, including a 4 year old and a 1 ½ year old enjoyed wildflowers and easy hiking along an old road to the east of Auger Falls. New hike for everyone. Picnic on newly constructed bridge over side stream (to avoid bugs and poison ivy). Views of falls were great. We then went to the other side of the falls for a short ½ mile hike in to usual viewing points. Great falls; great day; all enjoyed! Lois Shapland, Leon Barnish, Diane Hannahs, Robin, Nathan (4) and Charlotte (1 ½) Kaczka and Gene and Carolyn Kaczka. (Mary MacDonald)

Leaders' Choice 05/22/04

The leaders chose The Deerfield (Fife Brook) due to lack of sufficient water in other choices. In spite of predicted thundershowers, a group of single bladers assembled for a great day of playing on the river. The group included a tandem canoe paddled by Betty Lou Bailey and Jack Daniels, three solo canoes paddled by Heidi Langley, Dave Nickerson and Larry Woods and one converted Inazone C1 paddled by Shelly Nevard. Dave entertained us by jumping off a rope swing in his dry suit and getting in the C1 and almost sinking it. We did a lot of trading boats and spent so much time that when we got to Zoar Gap we only had half the normal water level left. (Shelly Nevard & Larry Woods)

Big Pond 05/29/04

This exploration of Big Pond in the Hoffman Notch Wilderness circled the pond clockwise by taking the newly marked, but yet uncut orange trail. Bill Morse had been involved in marking the new route so was a great help in guiding us in the more obscure sections. It will be a very nice way to see the pond after the trail is completed. The western part of the orange trail is well established and easy to follow as is the blue trail that we took on the return trip. On the north side of the pond we met a large group that brings canoes and camps on the pond each Memorial Day weekend. Participants included Al Andrejczak, Fran Balch, Scott Cooper, Bob Grimm, Jean Kerr, Tom McGuire, Bill Morse, Cliff Prewencki, Holli Rossi, Colin Smith and the leader. (Walt Hayes)

Housatonic 2 05/29/04

Three tandem boats enjoyed a high water ride (4.7 ft., 2300 cfs at Falls Village) from the covered bridge at West Cornwall down to Kent. Except for a few high waves, not much maneuvering was required. A stiff tail wind managed to turn our faces towards the end. Following takeout, we surveyed the heavy rapids at Bulls Bridge where water is generally available only by scheduled releases. Dinner was attended by all on the way home. In on the fun were Betty Lou Bailey, Sue Myers-Miner, Roger and Liz Feuerstein, Jack (leader) and Sheila Daniels and aquadog Zoe.

Hudson River from Riparius to the Glen 05/31/04

Six solo open canoes and four kayaks enjoyed a beautiful Memorial Day on the river. At about 4.6 feet, the level was playful with lots of surf waves available. As advertised, there was lunch and lots of play time at the island. Trip leader, Judy Halstead took photos. Other paddlers included David Chudzicki, Chuck Wilkison, Bob Wright, Shelly Nevard, Larry Woods, Heidi Langley, Bob Heffley, Dick McGrath and Mike Koronkiewicz.

Kayaker Dick McGrath in foreground with Chuck and his pretty blue Millbrook OC-1 in the background.



Photo submitted by Judy Halstead

Intermediate Solo Canoe & Kayak Instruction 06/05-06/04

Saturday morning started bright and early with eight brave kayakers taking a two-day whitewater class with Sally Dewes and Horst deLorenzi. After some chalk talk, Anthony, Jennifer, Jon, Larry, Laura, Mal, Mike and Nanette started out at the Sacandaga Reservoir practicing flat water skills. After the flat water and a good lunch, we went to the lower half of the Sacandaga run and practiced our eddy turns, ferrying and other river running skills. No swimmers in this class! Several of us went out together afterward for food at Papa's Restaurant nearby. *Sunday* everyone showed up and we ran the entire river. No swimmers again! Some folks even practiced their rolls in the middle of the rapids (on purpose, not by accident!) When we reached the take out, we had some lunch and then got back in the water to practice some safety stuff: rope throwing, swimming, bumping boats and rolling. Everyone did very well; we could see lots of improvement and progress and I think we all had a good time too! The extra special treat was that one of the kayakers brought some NYS libations to share with the class at the end of Sunday class. We hung out for quite awhile enjoying the sun and our success. (Sally Dewes & Horst deLorenzi)

Hoosic River, Vt. State Line to Hoosick Falls 06/06/04

Four canoes and three kayaks paddled the agrarian Hoosic River on a slightly overcast Sunday morning. We passed a few fishermen along the way, and no one in our group chose to swim. A nice day on the water. Participants were Charles Beach, Jeanne Billion, Todd Gasner, Paul Mudar, Jim Pirman, Paul Simpson and leader, Robert Wright.

Washburn Ridge 06/9/04

This trip tried to follow Barbara McMartin's instructions to a view point on the ridge, but we felt unsuccessful in finding a view we could call "good". We did find the old road in the valley, but could not find any traces of it as we climbed up to the ridge. We saw moose tracks on the old road. Participants included Norm Kuchar, Mary MacDonald, Tommy Schmitz, Colin Smith and the leader. (Walt Hayes)

Schroon River 06/12/04

Nine boaters enjoyed a sunny day of paddling on the Schroon River at a predictable early summer level (3.1 ft. or 13 blocks at the Riverside Bridge). The group of three kayakers, five solo canoes, and a C-1 put in at the Warren County canoe access above the normal put-in. We took a slow pace on this trip and tried to play where possible. Most boaters scouted the "Big Drop" which was successfully run by all boaters. The river was warm enough so that a couple of unexpected swims were uneventful. Paddlers were Sharon Lamb, Jack Daniels, Jim Pirman, Marty Plant, Larry Woods, Shelley Nevard, Mal Provost and Bob Wright. (Rick Gonzales)

Deerfield River; Fife Brook Section 06/13/04

On a beautiful day, seven of us had a great day of paddling on the Deerfield. We were a group of three kayakers, two solo canoes and a tandem canoe. We had an easy pace on this trip and took time to play where we could. When we reached Zoar Gap, we all took out to scout the class III rapids. Three in the group decided they were comfortable running this section. Although none of these more experienced paddlers completed their route through Zoar Gap as initially planned, they will all be looking to giving that section of river another try. Participants were Dave Avigdor, Jean Billion, Judy Halstead, Roger and Liz Feuerstein, Amanda Labbe and her dad, the trip leader. (This was the first ADK trip for 11 year old Amanda.) (Norm Labbe)

Hopkins Mountain 06/16/04

Three of us had a beautiful day to enjoy this mountain. The trail was dry and easy to walk on – the views were great. There were some black flies at the summit and on sections of the trail, but not enough to spoil the trip. Participants were Fred Leiber and Jerry Perregaux. (Roger Borgen)

Minnewaska Park 06/19/04

Ken and Nilde Marcinowski, Walt Hayes and I had a beautiful day; cool and mostly sunny. The mountain laurel was in full bloom and was gorgeous. Everyone enjoyed the day and was very impressed with the unique scenery the Shawangunks offered. (John Winkler)

Hoosic River-Hoosick Falls to Johnsonville Dam 06/20/04

Six paddlers (three canoes and three kayaks) paddled the scenic Hoosic River thru Grandma Moses country on a fair June morning. The water level was at three feet, which made for an easy class 1+ paddle. The put in and take out areas have been improved with better signage and parking lot amenities. The covered bridge at Buskirk is currently being rebuilt. Paddlers were Will Holt, Adam Macha, Rich Macha, John Peroroni, Bill Smollin and trip leader, Robert Wright.

Marion Pond 06/23/04

The fishermen's path to the pond is, for the most part, easy to follow. The pond is a gem. It was bright, but a little cool for all but one of us for swimming. After a leisurely lunch, the group was ready for more so we tried to find moose evidence in the swamp between Marion Pond and Bailey Hill. We also climbed part way up Bailey Hill but there was no signs of moose. We did see a footprint or two back on the old road in the valley. Participants included Chris Grossman, Lynn Filarecki, Padma Krishna, Jan MacLaughlin, Susan Roberts, Tommy Schmitz, Pete Seagle and the leader. (Walt Hayes)

Greylock Section of AT, MA 06/26/04

It POURED during the early morning hours, rained as we met, and showered as cars were spotted. On cue, it stopped as we started. Enshrouded by low hanging clouds, our hardy group ascended Mt. Greylock. Clouds persisted at the summit as we enjoyed our lunch and the hot drinks purchased at the Bascom Lodge. The sky cleared on Saddle Ball Mt. providing great views. We provided "trail magic" to AT Thru Hikers Hai Ku, Moon Pie, Condor, Tarzan and Mouth, and assisted three lost U. Mass. hikers to reunite with their group. Tremendous hikers included Linda Kulnick, John Susko & Colin Smith. (Jackie & Neil Parker.)

Deerfield River (Dryway) 06/27/04

Five boaters had a fine trip on the Dryway Sunday; two kayak, two solo open, and one tandem. Release level: 900 cfs. Weather bright and cool. Notably, Rick Gonzales cut his teeth on the Dryway this run, though the Dryway nipped back a bit too. Overall he had a good introduction to a challenging run and it's great to get new blood into the scene. A couple other minor swims, but all exited unscathed from the runs on Dragon's Tooth and Terminator. Even ole' Chuck Wilkison with his sore wing ran superbly and had a nice rope throw to a pair of swimmers below the Tooth. All-in-all, a great day. Trip members: Rick Gonzales, Horst deLorenzi, Chuck Wilkison, Larry Woods and Shelly Nevard. (Mal Provost)

Scarface 06/29/04

We enjoyed a mostly clear, cool and bug-free day on this mountain between Lake Placid and Saranac Lake. The trail started through a beautiful pine and spruce plantation, then climbed to an open rock with great views of Ampersand, the Sawtooth Range and the Swards. Participants were Walt Hayes, Beth Hayes, Jerry Perregaux and the trip leader. (Norm Kuchar)

Sacandaga Paddle and Picnic 07/05/04

The forecast was not favorable for good weather, but that did not stop approximately 20 paddlers from showing up for some fun on the water and a great picnic that followed. The gung ho paddlers showed up for the 10:00 a.m. first run while most of the group was there for the 1:00 p.m. trip. The afternoon trip was suspended part way down the river by a severe thunder storm that included lightening. We waited out the storm and were rewarded with sunny skies at the take out. Once everyone got into some dry clothes, it was time for some serious eating. There was so much food we had to recruit other paddlers to lighten the load of food to be taken home. Participants were: Rick and Ann Morse, Dave and Lois Legg, Rick and Marcia Trazaska, Larry Woods, Shelly Nevard, Norm Labbe and his daughter, Amanda, Heidi Langley, Mike Koronkiewicz, Horst deLorenzi, Gary Slusher, Sally Dewes, Dennis Squires, Rachel Kurtz, Wayne Mercier, Bob Wright, Mal Provost and trip leader, Chuck Wilkison.

Hurricane Mountain 07/06/04

Rain stopped before we reached the trailhead. Fred Leiber, Jerry Perregaux, Colin Smith, Martha Zibro and I enjoyed great hiking weather all day. It took the five of us two hours to reach the summit. We had the summit to ourselves for lunch and photo opportunities. We made a quick detour to see Split Rock Falls on the way home. (Roger Borgen)

Texas Ridge 07/10/04

We took the blue trail to the top of the ridge then followed it north toward the summit. Most of the way was very pleasant bushwhacking, but then it got thick and we ran out of steam. We were satisfied to enjoy lunch in the col just short of the summit. We took a different route down and explored a large beaver meadow (former pond) that shows as a pond on the metric topo map. Sid found an antique liquor bottle we assumed was left over from logging days. Participants included Sid Borthwick, David Fiske, Laura Fiske and the leader. (Walt Hayes)

Moreau Lake State Park 07/14/04

A poor forecast limited the participants to two (Ron VanDenburgh and the leader). There was no rain and even some periods of bright sunshine. On the whole hike we saw only two others at an overlook who turned out to be acquaintances. The trails are getting better, but intersections are not marked and we missed one intersection completely. This is a good nearby hiking area where trails are shared with mountain bikers. (Walt Hayes)

ADK 56th Fall Outing - September 17-19, 2004

Genesee Valley & Niagara Frontier Chapters, Hosts

This year, Fall Outing visits a different region of New York. Enjoy the hills, waterfalls, gorges, waterways and wine country of the Finger Lakes and western New York. This outing, centered in Rochester, offers easy access to Letchworth State Park and many recreational and cultural attractions. Activities will include hiking, biking, canoeing, kayaking, nature hikes and winery tours. Special events for families and individual trip opportunities will also be available.

For a brochure, contact: Kenneth Harbison, 73 Avalon Drive; Rochester, NY 14618
(585)442-9731 or kharbiso@rochester.rr.com or visit www.adk.org for information

Volunteers Needed to Fill Positions

The Office of Chair (Slate of Officers on page 1) is open and we need a member to fill this position. If interested or for further information about the duties of Chair, call Frank Sorbero, 843-2786.

Sue MacDonald, Printing/Mailing, and Jackie Parker, Editor of the Lookout, will be retiring from their positions by November 2004. Both will assist new volunteers with assembling the December04/January05 issue of *The Lookout* and preparing it for mailing. Please call Sue, 371-1193, or Jackie, 371-9139, to volunteer.

Also, Walt Hayes would like to have a co-chair for the Outings Committee. If you would like to assist Walt, call him at 399-7482.

Education Committee. If anyone has an interest in this area, please call Frank Sorbero, Chair, to volunteer – 843-2786.



At the Helm Neil Woodsworth is the new Executive Director for ADK. The new Executive Director for Environmental Advocates (EA) is Rob Moore; new to our area. He comes from a Vermont position dealing with Lake Champlain and seems to have major interests in rivers and water quality, judging from prior positions, and is good at fund raising. EA had an open house to meet Rob on June 29 which I attended.

Hoosic Falls The new license holder/owner wrote a Recreation Plan, belatedly, which did not conform entirely to the license. I found the letter on the Federal Energy Regulatory Commission (FERC) web site (it should have been sent to me since ADK was an intervener). FERC had approved the Plan, adding that they must also maintain the put-in by the power house, which we have used on Hoosic trips and which is in Chet and Kathy's new ADK guide. To my astonishment, FERC withdrew their approval of the plan on May 26 after getting my gripe letter of May 13. I got a phone call on July 8 from the local man who gets things done saying he never sees what goes to Washington and is working on desired recreation features; there will be vandal-proof picnic table, etc.

Land Trusts I attended annual meetings for the Schoharie Land Trust (SLT) (5/20) and Albany County Land Conservancy (5/23). When at the SLT meeting, I mentioned the two pairs of potential bills which give tax breaks to donors of land or easements to non-profits such as land trusts. They were immediately interested, so much so, that I sent information on the bills to other nearby land trusts.

Housatonic River FERC issued a hydropower license for the five hydropower plants on the Housatonic River owned by Northeast Generation Services Company. It requires that the Falls Village and Bulls Bridge plants be operated as run-of-river rather than mid-day bigger releases and lesser flow evenings and nights as has been past practice. Historically that meant fishing early and late in the day with paddling mid-day. From now on, this will be like any other river, subject to the whims of nature. We lost as an intervener. Economic losses will mean closure of canoe rentals and no more residence there by people who train daily for a significant racing career.

Federal Canal Alliance This Glens Falls organization which has cleaned our the canal (with help from our Glens Falls Chapter) and added parking and access provisions, is now preparing to put a museum type building in a park they now own along the canal in Hudson Falls. Thus, a need for money. On July 4 they demonstrated their ability as fund raisers with a chicken barbeque with continuous live entertainment in "their" park. Many came, including me. The food was so good (excellent cold salads) that I am sure a repeat will bring even more people and money next year. Even the parking was well organized. Posters of the proposed building were mounted on quite a few trees.

*Submitted by:
Betty Lou Bailey*

For Sale -- Thule roof racks for any 1996 to 1999 Golf or Jetta. Fully lockable with keys. \$ cheap or best offer.
Call Bob Grimm, 842-7436 after 7:00 p.m.

Board Meetings -- During the months of September, October and November, the Chapter Board (business) meetings will be taking place at the home of Jackie Parker. If you would like to attend, call for directions: 371-9139. Our December meeting will be at the home of Maria Beurmann.

Our Condolences To

Warren and Grace Reynolds on the loss of their son, Warren.

Warren and Warren were often seen together along the trail to Johns Brook Lodge, as they hiked in to work as volunteers on JBL work weekends or at the Loj where they also volunteered.

National Trails Day on the Mohawk-Hudson Bike-Hike Trail

Photos and Article submitted by Howard Halstead

Thirty-five volunteers (and 2 dogs) worked the morning of Saturday, June 5, 2004 cleaning up the portion of the Mohawk-Hudson Bike-Hike Trail that goes through the City of Schenectady from Anthony Street to Nott Street. In partnership with Eastern Mountain Sports (EMS) Mohawk Commons store, we had a record number of volunteers and we were able to expand our accomplishments beyond the usual trail work.

Not only did we trim trees back off the trail, sweep dirt, and pick up trash, but we also patched the trail with blacktop and installed a fence. At the intersection with Maxon Road, we had a dedicated group who installed the fence that improves the look of the intersection as well as prevents vehicles from driving over the trail. Using cold blacktop patch, we filled several cracks in the trail improving the safety. Plus, we continued clearing dirt and grass off sections of the trail that we started last year.



Schenectady Chapter, ADK and Friends of the Mohawk-Hudson Bike-Hike Trail would like to thank everyone involved in making the event successful. We extend thanks to Eastern Mountain Sports (EMS) Mohawk Commons store for their support and assistance. We had the cooperation of both the Department of Neighborhood Revitalization (trash collection) and the Department of Parks (grass cutting) in the City of Schenectady and special thanks to the volunteers who participated in the event.

This was one of several events as part of the Canalway Trail Celebration for National Trails Day along the Erie Canalway Trail to celebrate that the trail is more than halfway completed! Parks & Trails New York (PTNY), the New York State Canal Corporation (NYSCC) and the Canalway Trails

Association of New York (CTANY) organized the statewide celebration.



Volunteers: Tess Stoklosa, Ron Ramsey, Lillian Ramsey, Shirlee Josselyn, Peg Wallingford, Gary DeLuke, Al Fairbanks, Millie Gittinger, Clark Gittinger, Betty Engler, Betsy Sandberg, Steve Sandberg, Bob Grimm, Betty Lou Bailey, Rudy Dehn, Frank Kopecki, Elaine Troy, Abbie Messick, Amanda Messick, Gillian Scott, Herb Terns, Tracy McIntyre and Katie DeMarco.

EMS Niskayuna Store: Manager, Holly; Jake Frankowiak, Mike W., Matt McElhane, John Chichester and Terry LaFountain.

EMS Stuyvesant Plaza Store: Jim Fedigan, Karla Guererri, Becca Starks and Sean Hartigan.

Thank you, Howard Halstead & Stan Stoklosa

Volunteer Trail Projects & Workshops

(offered by ADK Main Club Volunteer Trails Program)

Call 518/523-3480 or e-mail adkinfo-admin@northnet.org for Information or to Register

August 21, Edward L. Stanley Memorial Project

Ed Stanley was an active member of ADK Trails Committee and the ADK Keene Valley Chapter. He pioneered climbing routes in the Adirondacks beginning in the 1930's and continued to shape the way people used trails by maintaining various hiking trails out of the valley. In the spirit of Ed's passion for a good day of trail work, maintenance will be conducted on the Rooster Comb Trail cleaning and repairing existing drainage structures and removing any blowdown. Tools and experienced leadership will be provided.

August 22 - 27, Johns Brook Valley

This is a continuation of the July 23 - 27 rock steps, stepping stones and rock water bars project. Based out of Johns Brook Lodge, participants will hike a short distance up the Ore Bed trail and install much needed rock steps, stepping stones and rock water bars. All meals will be prepared and served at the lodge and participants will share one of the bunkrooms. After dinner, relaxation after a hard day of trail work will be enjoyed in the main common area of the lodge or possibly by sitting in an Adirondack chair on the front porch. Arrive Sunday evening at base camp by 6:00 p.m. for dinner and orientation. Food, a bunk bed, tools and experienced leadership will be provided. Participants will be out of the woods mid-afternoon on Friday. There is a \$150 participation fee.

September 4, Langdon G. Rockwell Memorial Project

In memory of Langdon "Rocky" Rockwell, an avid hiker and part-time resident of Keene Valley since 1950, a day of trail maintenance will be conducted on the heavily used trail that leads to Cascade Mountain. Along with patrolling existing trail work, new rock waterbars and trail hardening structures will be installed. Tools and experienced leadership will be provided.

Sept. 5 - 10, Long Lake Canoe Project

Along with camping on the shores of Long Lake for four nights, participants will conduct campsite and lean-to maintenance. Relocating existing pit privies and the removal of litter from campsites will be the main focus of the project. Over 12 privies were in need of relocation on the last trip. Participants will canoe a substantial distance every day to reach each campsite and/or lean-to. Arrive Sunday evening at base camp by 6:00 p.m. for dinner and orientation. Food, group camping gear, tools and experienced leadership will be provided. Participants will be out of the woods mid-afternoon on Friday. There is a \$75 participation fee.

October 23, Fall Trail's Day

This is the last chance to clean drainages of fallen leaves and other debris before the snow arrives. Cleaning drainages in the fall ensures that they will be open in the springtime. The major concentration of work will be in the High Peaks region of the Adirondacks. Tools and experienced leadership will be provided.