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December 2007-January 2008

# The Lookout

The newsletter for the Schenectady Chapter of the Adirondack Mountain Club

## 2007 chapter highlights

Outdoor recreation continued to be a central part of our chapter's activities in 2007. Led by Walt Hayes, we scheduled 116 hiking, biking, snowshoeing and cross-country ski outings during the past year. Our whitewater program, headed by Chuck Wilkison, was the most active in ADK, with 55 scheduled trips. We thank the 40 people who led chapter trips this year. Our most active trip leaders were Betty Lou Bailey, Horst deLorenzi, Walt Hayes, Norm Kuchar, Mary MacDonald, Gillian Scott Terns, Herb Terns, Rich Vertigan, Chuck Wilkison and Bob Wright.

Indoors, we hosted five excellent programs during the year, with total attendance about 225. At the chapter's annual dinner in October, 80 members and guests heard Times Union columnist Fred LeBrun

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## Bailey, conservationist, dies

Betty Lou Bailey, 78, the Schenectady Chapter's conservation chair and an active trip leader for both hikes and whitewater trips, died Nov. 13.

In addition to serving as the Conservation Chair for the Schenectady Chapter (see her latest report on page 11) and for the main club, she was also the chair of the Canoe Route Subcommittee. In 2004, she received the club's David L. Newhouse Conservation award, the highest honor the club bestows.

"Betty Lou was a first class hiker, biker and canoeist, and her love for these activities radiated from her and inspired those who knew her," Chapter



Chair Norm Kuchar said. "Her dedication, diligence and hard work on behalf of conservation and preservation of wild places were legendary, and her death is a great loss to ADK."

Betty Lou was an Adirondack 46R, had section-hiked the entire length of the Appalachian Trail, hiked the Long Trail, and was a Catskill winter 35er. She's also earned the Adirondack Quest patch and was a Northeast 111 Club member. In addition to her activities with ADK, Betty Lou was also a long-time member of the Mohawk-Hudson Cycling Club, serving as the club's membership chair.

She retired from a 44-year career with General Electric in 1994.

Before her passing, Betty Lou had

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## Chapter to sponsor campers

The Schenectady chapter will again be sponsoring two teenagers for a week at a DEC summer camp. Those selected will have the opportunity to enjoy a blend of learning and recreation. Activities may include hiking, trail building, water sports and environmental workshops.

There are four camps available: camps Colby, DeBruce and Rushford are for teens ages 12-14. Pack Forest Camp is for teens 15-17 years old. Camp sessions are for one

week in July and August.

Applicants are requested to write an essay explaining why they wish to participate and send it to "Bob Grimm, Project Coordinator, 600 Millers Corners Road, Amsterdam, NY 12010." Preference will be given to the families of Schenectady chapter members, then affiliates, other ADK chapters and then the public.

Applications should be received by Feb. 1, 2008.

## Chapter Winter Loj Weekend Jan 25-27

This year's chapter Winter Loj Weekend will take place Jan. 25-27. Join us for a weekend that combines wonderful ski and snowshoe opportunities with the warm meals and ambiance of the Adirondack Loj. They tend to have snow even if your yard is brown!

The approximate cost is \$120 per person. Contact Stan Stoklosa at 383-3066 before Dec. 30 for the best selection. (A limited number of bunks may be available.)

### New, reinstated members

Jake Bortscheller	Christina and Joseph	Mike Ryan
Ashur and Judy Crawford	Krisciunas	Rajesh Tyagi
Peter Jennes	Alice Mason	Julianne Oberg and
Margaret and Henry	Bill Pastella	Steven Weitz
Kinosian	Kim Plefker	S. Wojtowicz

# Innings and Outings

## How do I sign up for a hike?

For further details or to sign up for a hike, call the trip leader. Try to call at least two days in advance, as leaders may cancel on the day before an outing if there is insufficient interest. Leaders reserve the right to refuse participants for any reason, including lack of experience and/or lack of physical fitness. All equipment and supplies are the sole responsibility of the trip participants.

## What do I need to bring?

The trip leader will let you know if any special equipment (crampons, snowshoes, etc.) will be needed. But in general, you should always carry food, water, rain gear, map and compass, headlamp, first aid kit and extra clothing, including hat and gloves in case temperatures drop. Clothing for wet or cold weather should not be made of cotton — use a synthetic fleece or wool. If in doubt, ask the trip leader.

## How can I lead a hike myself?

To volunteer to be a leader or co-leader for an outing, call Walt Hayes at 399-7482.

## Should I reimburse drivers for gas?

Yes! Each rider should pay their driver four to five cents per mile, depending on the current cost of gasoline. With gas at \$2 per gallon, four cents per mile should be used and at \$2.50 per gallon, five cents should be used (\$3/gallon – six cents, etc).

## The kind of hikes I'd like to do aren't listed here — what can I do?

Trip leaders may be willing to plan trips based on member suggestions. If there's a specific trip you'd like to do, contact Walt Hayes at 399-7482 and let him know. Or you can organize an outing of your own using the chapter outings e-mail list. Join the list at [groups.yahoo.com/group/schdyadk\\_outings](http://groups.yahoo.com/group/schdyadk_outings). These trips are not considered club-sponsored and the club is not liable for any mishaps that may occur on these trips. Always plan carefully and be prepared.

## Wilderness First Aid Course

The Schenectady Chapter Board agreed to provide partial (\$150) tuition refund for outings leaders who take Wilderness First Aid courses. The program is modeled after the 46ers current program so people who are both 46ers and Schenectady trip leaders can get a total of \$200 reimbursement. Call Chuck Wilkison (793-8041) or Walt Hayes (399-7482) for further information.

### HIKE CLASSIFICATIONS

<u>Distance</u>	<u>Leader's Pace</u>	<u>Terrain</u>	<u>Examples</u>
A+ 13 Miles or More	1. Fast	A Very Difficult	A+1A Most Difficult Trip
A 8-12 Miles	2. Moderate	B Strenuous	B2C Moderate Trip
B 5-8 Miles	3. Slow	C Average	C3D Easy Trip
C Under 5 Miles		D Easy	

### Sat 1 Dec

#### Twin Lakes Mountain bushwhack, Class B2B

Walt Hayes, 399-7482

We will bushwhack from the T Lake trail near Piseco Lake. This is an explore of about 6 miles with 1800 feet of ascent. Leader does not expect views, just a great day in the woods.

### Sat 1 Dec

#### Ski trip, Whiteface Mountain Memorial Highway, Class A2B

Roy Keats 370-0399

This is a beautiful ski tour up a road with great scenery all the way up (and down). It is approximately an 11 mile round trip including a quarter mile stair climb from the end of the road to the Top. There is a total of approximately 2500 feet of vertical ascent. A fairly constant 8 or 9 percent grade makes for a continuous downhill run out. Everyone should come layered (no cotton) because the long uphill will warm you up, and the long downhill will cool you off. This is rated as a novice to intermediate trip.

## Innings and Outings, cont.

**Wed 5 Dec**

**Tough Traveler Factory Tour**  
**Gillian Scott Terns, 372-8478 or**  
**adklookout@verizon.net**

This was a popular trip last year, so we'll try it again. Come check out how these durable bags are designed and constructed right here in Schenectady. Owner Nancy Gold will take us through the Tough Traveler factory on State Street, then she'll open up the factory store, offering, for one night only, a 15 percent discount on anything in stock.

**Sat 8 Dec**

**Stewart Preserve, Class C3C**  
**Harold McCumber, 274-3960**

Fairly level trails with elevation change of approximately 200 feet. This relatively unknown 123-acre preserve in Rensselaer County has about two miles of trails through beautiful woods of hardwood and hemlock. We'll also hike a 0.75 mile side trail to see some big old oaks, pines and maples.

**HALF-DAY TRIP**

**Sun 9 Dec**

**Last day of big game hunting season -**  
**Northern Zone and Southern Zone**

**Sat 15 Dec**

**Pharaoh Lake, Class A2D**  
**Walt Hayes, 399-7482**

A marked trail goes most of the way around the lake. With a short bushwhack we will be able to complete the loop and view this beautiful lake from all sides. With possible side trip to Whortleberry Pond we will hike about 12 miles.

**Sun 16 Dec**

**Owl Head Lookout, Class B1B**  
**Mike and Meghan Libertucci, 605-4269,**  
**[mikelibertucci@yahoo.com](mailto:mikelibertucci@yahoo.com)**

Join us for a beautiful winter day in the Giant Mountain Wilderness Area. Hopefully we will have some snow on the ground for this snowshoeing trip to the summit of a great mountain (2500 feet.) This mountain is considered to have one of the best effort to rewards ratios in the Adirondacks. Snowshoes and winter gear are required for this hike. 5.4 miles round trip with 1220 feet elevation gain.

**YOUNG MEMBERS GROUP/ADIRONDACK QUEST**

**Dec 17-24 (Mon – Mon)**

**Moonlight Snowshoe**  
**Featherstonehaugh State Forest ,**

### Need snowshoes?

Want to try snowshoeing but don't know what pair to buy? Expecting snow at high elevations? The Schenectady Chapter has a variety of snowshoes available for rent: traditional wood, aluminum Sherpas and hi-tech plastic from MRS. The cost of rental is \$5 per weekend. I'm conveniently located near Northway Exit 8 for easy pick-up and drop-off. Contact Stan Stoklosa at 383-3066.

**Class C3D**

**Rich Vertigan, 381-9319**

The 7 days before the full moon every month, the moon is at 70-80% of its brightness, and also rises early enough to light up the winter woods in the early evening. This will be a 1-2 hour moonlit walk (snowshoes only, please) through Featherstonehaugh SF, near Mariaville. Exact date, time, and route will depend on snow, temperatures, sky conditions, and my schedule. Please call a week or so in advance and let me know which nights you are/aren't available, and I'll coordinate the details as the weather evolves. Cancelled if no snow or cloudy all week. Kids welcome with parents. Snowshoes required, as are flexibility and a sense of adventure.

**Sat 22 Dec**

**West Kill Mountain, Class B2B**  
**John Susko 383-1284**

This is one of the more attractive hikes in the Catskills, with good views near the top and trails which follow two streams. It is also the only Catskill peak which has a sign to mark the top. If conditions are right we will spot cars and make this a through hike. The distance is 8 miles with 2000 feet of ascent. Crampons and/or snowshoes may be needed.

**CATSKILL 3500**

**Sat 22 Dec**

**Thomas Cole and Black Dome,**  
**Class B2B**  
**Norm Kuchar, 399-6243 or**  
**[nkuchar@nycap.rr.com](mailto:nkuchar@nycap.rr.com)**

Thomas Cole (3940') and Black Dome (3980') are, respectively, the fifth and third highest in the Catskills. We will follow the Black Dome Range trail east from the end of Barnum Road, near Maplecrest. The trail climbs a ridge, from which there are several viewpoints before reaching the top of Thomas Cole. Continuing east, the trail then climbs to the top of Black Dome, where there are more views. We will plan to return via the same trail, for a total distance of about 7.5 miles, with 2650 ft ascent. But, if we can spot cars, we

**CATSKILL 3500**

*(Continued on page 4)*

## Innings and Outings, cont.

(Continued from page 3)

may descend Black Dome to the trailhead at the east end of Big Hollow Road, saving about 1.5 miles and 400 ft of ascent. Full winter gear (snowshoes and crampons) required.

**Sat 22 Dec**  
**Sanders Preserve, Class C**  
**Ruth Schottman, 399-5728**

A morning walk or snowshoe depending on conditions in this Glenville Town Park. Walking speed will be slow to medium. There are hills, but no steep ones. Length of planned walk is about three hours, but it can be shortened easily.

**Sat 29 Dec**  
**Shippee's Ledge, Class C3D**  
**Herb Terns, 372-8478 or**  
**[trailhed@verizon.net](mailto:trailhed@verizon.net)**

Betty Lou Bailey had planned to lead this hike before her death in early November. We'll be leading it in her honor instead. Betty Lou wrote, "This southern Adirondacks trip goes to a splendid view point just south of Great Sacandaga Lake. Description is in ADK Southern Adirondack guide, 2nd edition. Round trip is 2.2 miles. Ascent 270 feet. Trip is mostly on old roads but last 0.1 mile is a herd path. Good reward to effort ratio."

**Sun 30 Dec**  
**Snow Mountain, Class B1B**  
**Mike and Meghan Libertucci 605-4269**  
**or [mikelibertucci@yahoo.com](mailto:mikelibertucci@yahoo.com)**

YMG Majority rules on this hike. We will hike in to Snow Mountain from the trailhead on Route 73 in Keene. Joining in on the W.A. White Trail, we will hike 1.7 miles to the summit of Snow Mountain. When we reach the summit, we will take a vote on heading over to Roostercomb about 1 mile away. We will spot a car or two at the Roostercomb Trailhead further up on Route 73 in case we want to do a through hike. If snow does not permit parking on Route 73, there will be a vote on doing Snow Mountain OR Roostercomb Mountain from the parking area on Route 73. Snowshoes and winter gear required.

**Mon 31 Dec - Tues 1 Jan**  
**Beebe Hill New Year's Eve Hike,**  
**Class C2B**  
**Herb Terns, 372-8478 or**  
**[trailhed@verizon.net](mailto:trailhed@verizon.net)**

We'll ring in the new year on a summit for the fourth

## Get to know your trip leaders

Mary MacDonald

**Age:** 67

**Occupation:** Mostly retired

**Mary says:** I love hiking, snowshoeing, skiing, kayaking and canoeing. Think of a lovely, sunny, fall day with leaves of color surrounding you and overwhelming the view from the mountain top.

My goal is to present hikes of moderate difficulty for those who enjoy the scenery and walking through the woods. I particularly appreciate having others on the trips who have knowledge of the woods, terrain, birds, etc. and are willing to share with the group. My earliest "hiking" was during my growing up years when my Mother "made" us go walking every Sunday afternoon. Little did I know that these outdoor activities would become a life-long avocation. Other activities include biking and volunteering.



year in a row. This year we'll be on Beebe Hill's firetower where we might be able to see the fireworks in Albany. We'll meet for dinner in East Greenbush (optional) and then head over to Northern Columbia County for our last hike of 2007 and first of 2008. It's roughly two mile round trip and a fairly short drive so we should be home pretty early with no hangovers the next day.

**Sat 5 Jan**  
**West Kill, Class B2B**  
**Norm Kuchar, 399-6243 or**  
**[nkuchar@nycap.rr.com](mailto:nkuchar@nycap.rr.com)**

West Kill (3880') is the sixth highest in the Catskills. We'll begin at the trailhead near the east end of Spruceton Road. Heading east, the route reaches Diamond Notch Falls, joins the Devil's Path and then ascends steeply to the ridge east of the West Kill summit. Following the ridge line west, the viewpoint at Buck Ridge, one of the best in the Catskills, is reached shortly before the wooded summit. Return will be via the same route. Total distance for this trail hike is about 6.6 miles, with 2100 ft ascent. Full winter gear (snowshoes and crampons) required.

**CATSKILL**  
**3500**

## Innings and Outings, cont.

**Sat 12 Jan**  
**X-C Skiing, Rockwood State Forest, Class: variable**  
**Rich Vertigan, 381-9319**

Rockwood State Forest is just west of Johnstown, and usually has good snow. Variety of terrain available, from beginner to "challenging." Some trails groomed. We'll do this as an afternoon trip from Schenectady, about an hour drive each way. Expect to spend a couple of hours skiing when we get there, with the route depending on the group.

**Sun 13 Jan**  
**Pilot Knob Ridge, Class C3B**  
**Walt Hayes, 399-7482**

Betty Lou Bailey had planned this hike before her death in early November. It will go on in her honor. Betty Lou wrote,

**BETTY LOU BAILEY MEMORIAL HIKE** "This hike/snowshoe trip is to a lookout at a gazebo on property of the Lake George Land Conservancy. It is not to Pilot Knob's summit but a relatively new trip. LGLC got the property in 2000 and now has an orange trail to the gazebo from a new parking lot. The former illegal house near the gazebo is gone. The view of Lake George is particularly novel because it is so far south (1.5 miles south of Pilot Knob summit). We'll probably do the loops, so expect 800 foot ascent in about 0.8 mile and a return of about 1.2 more miles."

**Jan 15-22 (Tues - Tues)**  
**Moonlight Snowshoe**  
**Featherstonehaugh State Forest, Class C3D**  
**Rich Vertigan, 381-9319**

The 7 days before the full moon every month, the moon is at 70-80% of its brightness, and also rises early enough to light up the winter woods in the early evening. This will be a 1-2 hour moonlit walk (snowshoes only, please) through Featherstonehaugh SF, near Mariaville. Exact date, time, and route will depend on snow, temperatures, sky conditions, and my schedule. Please call a week or so in advance and let me know which nights you are/aren't available, and I'll coordinate the details as the weather evolves. Cancelled if no snow or cloudy all week. Kids welcome with parents. Snowshoes required, as are flexibility and a sense of adventure.

**Sun 20 Jan**  
**Potter and/or Skiff Mountain, Class A2B or B2B**  
**Herb Terns, [trailhed@verizon.net](mailto:trailhed@verizon.net) or 372-8478**

This will be a mostly off-trail hike in the Northern Pharaoh Lake Wilderness and just north of Rt. 74 near Eagle Lake. We'll

start at the parking lot for the Short Swing trail and bushwhack to Potter Mt. via a route I haven't tried before via a stream. The summit of Potter Mountain is terrific with good views to the east over Lake Champlain and south toward Pharaoh Mt. After Potter we'll return to the parking lot, cross Rt. 74 and climb Skiff Mt. via Arnold Pond. I've never climbed Skiff before but it supposed to have good views to the north and west. Since we'll be returning to the parking lot after Potter, there's a possibility for anyone only wanting to do one peak to do so. RT is roughly 7 miles with 1700 feet of gain; Potter only is 4.5 with 1000 feet of gain.

**Sat 19 Jan**  
**Buck Mt. from Shelving Rock Rd., Class C3C**  
**Ken & Nilde Marcinowski, 885-9400 or [Nildekens@msn.com](mailto:Nildekens@msn.com)**

A pretty snowshoe/hike to a popular Lake George Peak with great views of Lake George and beyond. A perfect outing for beginner snowshoers who want to get off the "flat lands" and try something a little more interesting. Round trip is 4.6 miles with 1,100 feet of ascent. Please call or e-mail by Thursday evening prior to the trip. Snowshoes with crampons and winter clothing required. Rain will cancel.

**Sat 19 Jan**  
**Ski trip, Avalanche Lake and Lake Colden from South Meadow, Class A2B**  
**Roy Keats 370-0399**

This is the northern half of one of the greatest Adirondack ski tours. Views of Marcy Dam, Avalanche Lake and Lake Colden should be wonderful. The trip is considered an intermediate to expert tour. It is about 12 miles round trip with an elevation gain of approximately 700 feet. The first 3 miles is on a truck trail. After that, skiing is on regular hiking trails except for a skier's bypass at a steep section above Avalanche Camps.

**Sat 26 Jan**  
**Chimney Mountain, Class C3D**  
**Harold McCumber, 274-3960**

2.5 miles round trip. Vertical rise 900 feet. We'll hike up past the "chimney" to the true summit with good views. Return back to the chimney area to explore some. If there's enough interest, I'll take people part way into Eagle Cave. No special gear needed other than headlamps and/or flashlights, and snowshoes.

**Sun 27 Jan**  
**Big Indian and Doubletop in the Catskills, Class A2A**  
**Mary MacDonald, 371-1293**

Hike begins at the end of Dry Brook Road near Seager. Fol-

*(Continued on page 6)*

## Innings and Outings, cont.

(Continued from page 5)

low Seager Trail to the Biscuit Brook-Pine Hill Trail where we turn south toward Big Indian. After reaching the summit at 3700 feet we drop down on the trail and then bushwhack along a property line to Doubletop at 3860 feet. We then follow a ridge line back to the Seager Trail. About 9 miles and 2500 foot elevation gain.

### **CATSKILL 3500**

**Sun 27 Jan**

**Saratoga National Historical Park  
Wilkinson Trail, Class C2D  
Lois Leonard, 399-5597 or  
[jleonar4@nycap.rr.com](mailto:jleonar4@nycap.rr.com)**

Get up early and join me for a walk or snowshoe on the Wilkinson Trail at the Saratoga National Historical Park. The trail distance is about 4 miles of rolling terrain starting at the Visitor's Center and gently descending into a lovely meadow. Whitetail deer are frequently spotted as well as a variety of birds. The Visitor's Center should be open by the time we finish the walk. We will start the hike around 7 or 8 a.m. depending on conditions.

### **HALF-DAY TRIP**

**Sat 2 Feb**

**Princeton Ski Trip, Class C2C  
David and Sandra Geisinger, 887-3030**

The Geisingers will lead their annual ski trip through rolling woods and open vistas. They will start at 1:30 from their Ennis Road property. Join them for an invigorating trip in the hills 10 miles westerly of Schenectady and 1000 feet higher. Snowshoers welcome. Warm fire and beverages following trip. Call for postponement date if there is a lack of snow.

### **HALF-DAY TRIP**

**Sat 9 Feb**

**Rogers and Poplar Mountains bushwhack,  
Class B2B  
Walt Hayes, 399-7482**

Two small mountains with a visit to a heron rookery near Piseco and the NP Trail. Five miles with ascent of about 1400 feet. Most of the distance will be a bushwhack but we will finish the trip on the Northville-Lake Placid Trail. The woods are generally open.

## HIGHLIGHTS: Year in review

(Continued from page 1)

speak about current issues facing the Adirondacks and Catskills. And, after a hiatus of many years, we held a chapter picnic in August.

Stewardship was an important focus of our chapter. Neil and Jackie Parker took the initiative to maintain our adopted trails on Porter and Blueberry Mountains and Mount Gilligan, while Kevin Cotter and Rich Vertigan led maintenance trips on the Northville-Placid trail. N-P Trail chair Keith Martin awarded badges to 42 backpackers who completed the trail and Harold McCumber continued to watch over the Silver Lake Wilderness.

On National Trails Day, we sponsored an ADK trail improvement project on the Marcy Dam trail as well as the cleanup of a section of the Mohawk-Hudson Bike-Hike Trail. We thank the EMS store at Mohawk Commons, which donated over \$1300 to support our National Trails Day involvement.

We supported this year's ADK fundraiser, *A Wilderness Affair*, by donating an auction basket worth \$560 — highest of any chapter basket — and other auction items worth \$140. Judy Brandow coordinated the collection of donations from local businesses and organizations.

Our conservation and advocacy efforts were led by Betty Lou Bailey, who reviewed and made valuable inputs to the Wilcox Lake, Ferris Lake and Lake George Wild Forest unit management plans.

To encourage the next generation of ADKers, we sponsored two high school students at DEC's Pack Forest summer camp and on an ADK Volunteer Trail project. And, using proceeds from the raffle at last year's annual dinner, we awarded \$200 scholarships to two high school seniors pursuing careers in environmental science.

Growing our membership and getting new people active on the chapter board

and as outings leaders are challenges for us. As of September 30, 2007, our chapter's total membership was 1087, vs 1143 one year earlier. An exciting development this year was the formation of a Young Members Group in the chapter, aimed at members 18 to 40 years of age; this was the idea of Mike and Meghan Libertucci.

We had a dedicated chapter board, and all, whether mentioned in this summary or not, deserve thanks for their efforts.

Last, we note the passing of two of our members this past year — Bill White and John Winkler. Bill was a long-time chapter leader, who received ADK's Distinguished Volunteer award last year in recognition of many years of outstanding service. John was an expert hiker and trip leader — especially good at bushwhacking — and a talented photographer. He was also an "original," full of delightful quirks. Bill and John were very different people, but both shared a love of the mountains and served ADK well in their own ways. We'll miss them both.

— Submitted by Norm Kuchar, Chair

# Trip tails and paddling parables

## Wittenberg & Cornell Mountains — 7/14/07

The day was a mix of sun and clouds; while the clouds reduced the view they also kept the temperature down to a comfortable level in the 60s and made for very pleasant hiking. We started at Woodland Valley campground and took the Burroughs Range trail to the summit of Wittenberg where there were views of almost half of the other Catskill 3500 foot peaks. After a trip to Cornell we returned to Wittenberg for lunch and an extended stay to enjoy the view. We had the trails to ourselves early in the day but shared them with others as the day went on. As is typical in the Catskills the trails were dry and there was no water in any of the small streams which cross the trail. Hikers were Aaron Couture, an experienced hiker who was on his first club hike, and the leader (John Susko).

## West Branch Sacandaga River bushwhack - from west — 8/2/07

This explore was based on a 1907 Lake Pleasant topo showing a road along the north bank of the river all the way from the present route 10 in Arietta to the present Northville Lake Placid Trail just west of Rock Lake. We found that most of the western part of this old road is in current use with a fairly strong tread for about three miles. We took a side trip up the Silver Lake outlet which had traces of an old trail but was not easy to follow. Lunch at White Lake and then down the White Lake outlet. Some signs of use but not at all an obvious trail. On the way out we heard some commotion and got a glimpse of an otter going into the West Branch. We also took a dip in the West Branch. Gail Gaskin, Kathy Miles and the leader. (Walt Hayes)

## Jay Range — 9/15/07

The trip started on a somber note, with rain on the drive up the Northway and threatening skies at the trailhead. It rained lightly as we climbed steeply up

to the summit ridge, but by the time we reached the rocky ridge the rain was over. As the skies began to clear, wind-swept clouds blowing out of the valleys and alternating dark clouds and blue patches made for dramatic scenes. At one point, we looked down on a rainbow in the valley to the north. The walk along the open ridge to East Jay, the highest point, was a continuous series of spectacular views, making this hike one of the best in the Adirondacks. A string of Buddhist prayer flags above the trail and a Christian memorial on East Jay added a spiritual aspect.

Hikers were Don Berens, Connie Cockrell, Jim and Evelyn Hussey, Kathy Miles, Linda Veraska and the leader (Norm Kuchar).

## Santanoni and Panther Mts. (listed as Panther and Couch) — 9/16/07

It was hard to remember it was technically summer as we drove toward Upper Works when the thermometer on the car was reading well below freezing. The three of us hustled up the trail toward Bradley Pond and found a great sight at Santanoni Brook. Radiant fog had gathered in the valley below us, leaving the North River Mountains behind looking like they were rising up from a vast white sea.

The leaves were changing slightly on the herd path from Bradley Pond toward Times Square. Minds were changing as well as we found out when we got to Times Square. Only one of us needed Couch for their 46 and that person decided on this clear fall-like day that the views on Santanoni were preferable to the lack of views on Couch. It turned out to be a great decision. The valleys were tinged with color and we had fantastic views. After some confusion at Times Square about the trail to Panther we found the right one and went up to even more good views.

On the way down we talked about how dry the usually muddy Bradley Pond trail was until...we stepped deeply into it. The mud was still there, you just

had to look for it. We got back to the parking lot just before the sun started going down, a very enjoyable day. Hikers were Jim Hussey, Evan Tietz and the leader (Herb Terns)

## Harmon Hill — 9/22/07

In the trailhead parking lot when I pointed up to where we were going, I believe everyone realized why I had said to bring a hiking stick (or cross-country ski pole). The way up was steep but most of it had stone steps — but they were irregular in shape, height, etc. We all made it up to the ridge where ferns took over the understory. Bog bridges kept our feet from getting muddy in the low areas. Thank you Green Mountain Club for all that trail work. We had lunch at the open summit with a hazy view of Bennington. The participants were Alice Mason a new member, members Margaret Parks, Geraldine Kubek, Betty Lou Bailey (Leader) and Eileen Spuck, guest. We were impressed with how many hikers we met on the trail (Long / Appalachian Trail). One remarked "You would think you were in the High Peaks with so many on the trail."

## Red Hill Fire Tower — 9/30/07

On a beautiful Sunday Amber (my granddaughter) and I drove to Red Hill Fire Tower in the Catskills for the short hike up to the tower. There we were greeted happily and cheerfully by Helen, the instigator of the tower renovation a few years ago. We were treated to a tour of the cabin followed by a climb to the top of the tower where we identified the nearby mountains. Views were excellent. We then returned to our car and the long trip home. Excellent day and we were lucky to have the tower open. It closes the middle of October. (Mary MacDonald)

## Bike path walking series 10/2/07-11/13/07

This series takes participants along

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## Trip tales, cont.

(Continued from page 7)

almost the entire length of the Mohawk-Hudson Bike-Hike Trail in Schenectady County, with a few sections deleted and other side-trips added on.

10/2/07— Lions Park to Shaker Creek. Six walkers traveled from the park east into Albany County and the wooden bridge that crosses the creek. It's a nice open section of trail, offering pretty views of the river. Participants were: Ron Fleshman, Karen Kast, Arden Rauch, Gisele Sum, Herb Terns and the leader (Gillian Scott Terns).

10/9/07 — Lions Park to Lock 7 Road. A car emergency and an unavailable husband left the trip leader without transportation to the trail—Arden Rauch kindly led.

10/16/07 — Lock 7 Road to Blatnick Park. Participants were: Walt Hayes, Mary Nicotera and guest Kathleen Man, Arden Rauch, Herb Terns and the leader.

10/23/07 — Blatnick Park to St. Joseph's Lane. This section includes a lovely (and for some, unexpected!) detour onto the GE Wildflower Walk, a trail that runs on a narrow stretch of land from River Road to an overlook on the Mohawk. Just across the river, Llenroc is clearly visible. Participants were: Walt Hayes, Arden Rauch, Karen Schaefer, Herb Terns and the leader.

10/30/07 — St. Joseph's Lane to Balltown Road. Participants were Ron Fleshman, Karen Kast, Mary Nicotera and guest Kathleen Man, Arden Rauch and the leader.

11/6/07 — Aqueduct Park trail. Cancelled due to cold and heavy rain.

11/13/07 — Balltown Road to Anthony Street. This section conveniently combined with the trail at Aqueduct Park that we'd missed the week before. From the park, a wide grassy road leads west along the river. Hundreds of old stones from the aqueduct are piled in the woods to the left. After a short distance, the trail narrows to a footpath. Veering left, walkers can follow this out to the bike path. Walkers were: Walt Hayes, Janet and Peter Huston, Karen Kast, Mary Nicotera, Arden Rauch and the leader (Gillian Scott Terns).

### Wild Center — 10/6/07

Six of us had a wonderful day at this fantastic facility. The ride to Tupper Lake was beautiful with the leaves, nearly at peak, shining in the morning sun. Despite some afternoon sprinkles we were still able to enjoy the outdoor trails. Participants were: Irene Coburn, Bernard and Celia Mansbach, Steve Ras, and leaders Ken and Nilde Marcinowski.

### Trip Leaders Meeting — 10/16/07

We had 16 current and prospective trip leaders show up for our informal meeting at Pinhead Susan's in Schenectady. We had a good time discussing some of the issues and joys of leading trips over some food and a few beers. There are a couple of new folks leading outings in this edition of the Lookout – be sure and sign up for their trips! (Herb Terns)

### Peaked Pond and Mountain — 10/20/07

A fine day overall. Seven happy hikers traveled to Peaked Mountain in about 6 hours. Sunshine during a.m. and cloudy with rain showers after lunch at the summit. Hikers included Ginny Parsons, Lois Leonard, Leslie Beadle, Marion Luce, Rory Baxter and Bijan Ahmadi along with leader, Mary MacDonald. We had some excellent fall foliage.

### Snake Mountain — 10/20/07

We had a great hike and trip to the Otter Creek Brewery. Seven of us met in Clifton Park and headed up to Vermont for a spectacular fall hike up to a secluded Vermont mountain. The weather was great and the views were better. The foliage was great, and the drive was almost as good as the hike. Otter Creek treated us to several freebies and a great selection of tastings. All of us exchanged phone numbers at the end of the day, and we look forward to getting together again. Mike Libertucci, Meghan Libertucci, Mike Gregg, Meg Amell, Lea Williams, Dan Williams, Melissa Andros.

### Hunter Mountain — 10/21/07

I've climbed this mountain so many times it feels like home and by the end of the day the trip members had developed a fine camaraderie. The old road from Spruceton lends itself to walking two or three abreast and promotes good conversation. We were blessed with sunny blue skies and foliage that might not have been peak but was still pretty good. Just the drive from Lexington to Spruceton was a treat in itself. We found the summit fairly crowded, but there was plenty of sunshine to go around. After many of us took in the sights from the tower, Gillian passed out delicious chocolate brownies (trip leader was unwisely up in the tower for this part.)

The weather was so good and we'd made such good time up we decided to visit the old tower site on the other side of the summit and give everyone a good view from the ledge nearby. The close-up views of the Westkill valley were terrific and we all checked and rechecked our maps to try and figure out the peaks of the southern Catskills by shape.

We came back down by the same route and enjoyed the streams which were running like springtime thanks to some heavy rains from the days before. My mom, a former firetower observer on Hunter, met us to enjoy a short visit as we stopped for ice cream in Haines Falls on the way home. For photos from the trip, go to <http://community.webshots.com/user/Ternshike> Hikers were Shawn Allen, Judy Brandow, Jacob Gehrlein, Renee, Bernie Mansbach, Celia Mansbach, Mary McDonald, Christy O'Callaghan-Leue, Margaret Parks, Susan Roberts, Gillian Scott Terns, April and Eric VanHuesen, Dan Vanuithuizen and the leader (Herb Terns)

### Pine Cobble and Mass AT — 10/21/07

A super day to be outdoors — clear blue sky, temperatures in high 60s, no biting bugs. Add in some fine views in a pleasant forest. Lunch on the Pine Cobble

## Trip tales, cont.

provided several splendid views of mountains plus North Adams and Williams-town. The summit of East Mountain and near it had lots of irregular rocks to slow us down. Then an easier descent near a brook finished the hike. Participants were Walt, Jean Hayes, daughter Beth Hayes and leader Betty Lou Bailey. Excellent day for photos.

### West Branch Sacandaga River bushwhack — from east — 10/24/07

See trip report for August 2 to see prior explore of road shown on 1907 topo map. This time we looked for the old road from the east where the Northville Lake Placid Trail crosses the West Branch of the Sacandaga River. After a long dry spell we were surprised at the high water level from recent rains. We spent some time looking for a good crossing place and finally found one downstream. We found a small snake with striking attractive blue black and white coloring which we later found out to be an Eastern Garter Snake. None of us had seen one before.

We eventually found what we agreed must be the route of the old road. There is no evidence of current regular use (no trimming or chainsaw cutting of blow-down) but some tread making a herd path from time to time. The woods is open and relatively flat so the going is an easy bushwhack. After lunch we found a nice waterfall and followed the road to a ford where it crossed the Sacandaga. Norm Kuchar, Kathy Miles, Tom Ryan and the leader (Walt Hayes).

### Share your photos!

If you have photos of a Schenectady ADK trip you'd like to share, mail a print to Lookout Editor, 1231 Keyes Ave., Schenectady, NY 12309 or e-mail a digital file to [adklookout@verizon.net](mailto:adklookout@verizon.net). Include your name, the location and when the trip took place, and contact information.

### Ashokan High Point — 10/27/07

Trip cancelled due to rain. (Norm Kuchar)

### Lisha Kill — Mohawk River Park Circuit — 11/3/07

This report is being written the day before the official ADK hike through Lisha Kill and the Mohawk River State Park. Due to an unexpected Sunday family event I proposed the change and 5 people accepted (also one leashed dog). We were rewarded with some beautiful fall foliage, a few late bloomers, impressive big pines and oaks on a relaxed stroll with lively conversation. Jackie Skolnik, Emily Hart, Howard Hart, Beth Eisman, Peg Wallingford and the leader (Ruth Schottman).

### Big Marsh Mountain — 11/3/07

A beautiful fall day in the woods. We saw and talked to lots of hunters but did not hear a shot fired all

day. We climbed Big Marsh Mountain on an old road that was in very nice condition. The summit ridge itself was a bushwhack through open woods through a series of small ledges. After lunch on a rock ledge we bushwhacked down the western slope. At the end of the trip four of us visited G Lake. It is an attractive lake with a rim of spruces all the way around it. Connie Cockrell, Kathy Miles, Lin Neil, Jon Pearson, Doug Tinkler and the leader. (Walt Hayes)

### The ADK Winter Mountaineering School — 11/8/2007

Carl Klinowski gave an overview of the activities of the ADK Winter Mountaineering School. He described the schedules of the different programs: the "Day Hike" section, the "Weekend Backpacking" section, and a combination of the two. After the talk he answered several questions about winter equipment and clothing. Unfortunately, only 12 people were present for the talk.

The "Day Hiking" section at the school would be an excellent introduction to winter hiking for individuals who would like to extend their hiking activities into the winter months or would like to gain more knowledge about hiking and safety in snow and cold weather conditions.

If anybody is interested participating in one of the programs or learning more about winter hiking in the Adirondacks, they can get information on the web site <http://www.winterschool.org> or call 518-523-3441.

## Donations make fundraiser a success

Many thanks to the individuals and businesses who donated items or gift certificates to this year's chapter basket. The basket, valued at more than \$500, auctioned for \$350 at the main club's annual fundraiser in early November.

Donors included: Maria Beurmann, Hoffman's Car

Wash, Tough Traveler, Ltd., Book House of Stuyvesant Plaza, Carmine's Restaurant, Paddle 'n Pole, High Adventure ski Shop, Mrs. Doris Ludwig, Eastern Mountain Sports (Niskayuna Store), Proctors Theater.

Be sure to say thank you to these generous individuals and businesses.

## Local teen sponsored for trail work

Congratulations to Elizabeth Quandt of Scotia who applied for and received the registration fee for the Teen ADK Trails Program. She chose a four-day rock water bar and rock step project on St. Regis Mountain August 5- 9. Elizabeth and her family are members of the chapter. In her thank you note, Elizabeth says "I enjoyed my experience on Long Lake, especially canoeing along the lake and hiking around the place where we stayed. ... The lake and the surrounding mountains were very lovely, especially around evening and at night."

## Board of directors report

# 2007 Board of Directors meeting highlights

- Finances are OK. Lower payroll costs (vacancies) and Loj revenues offset weakness in dues and merchandise.
- Deb Zack was approved as Development Director. In her previous roles w ADK, she greatly increased membership through efficient use of direct mailing. Although direct mailing is disliked by some, it is a necessary and effective tool to find new members.
- John Kettlewell was approved as Publications Director. John Million had been overseeing this area as part of his overall duties, but we clearly need to keep traditional publications up to date and also

- adapt to the electronic marketplace.
- Stu Messinger demonstrated the useful mapping capabilities coming out of the contracted forest land use project. Data is readily available and useful for decision making.
- A coordinator for ADK publicity will be hired on a trial basis. Besides news releases, the person can put media in touch with the proper staff person or member to address hiking or conservation issues.
- Most of these moves above recognize that ADK has done all it can do to cut costs and break even. But to grow as a club, perform our Conservation, Educa-

tion, Recreation tasks, catch up on postponed maintenance and capital projects; we need to promote our good deeds and increase our revenues. We are more than a social hiking club, we are environmental advocates.

- At the President's Dinner, our humble Bob Grimm received a nice green jacket (and beer) in recognition of his hard work at JBL. Bob and dedicated volunteers perform tough work that saves the Club thousands of dollars (If we could actually find a contractor to hike in all those miles). Well done.

— Stan Stoklosa

## Chapter news

# 2008 chapter officers elected

The following members were elected to serve as officers on the 2008 Schenectady Chapter board:

<b>Chair</b>	<b>Horst deLorenzi</b>
<b>Vice Chair</b>	<b>Norm Kuchar</b>
<b>Treasurer</b>	<b>Gisele Sum</b>
<b>Secretary</b>	<b>Jacque McGinn</b>
<b>Director</b>	<b>Stan Stoklosa</b>
<b>Project Coordinator</b>	<b>Jackie Parker</b>

### Project Coordinator

### Herb Terns

The new officers will begin their terms on January 1. Director Stan Stoklosa and Project Coordinators Jackie Parker and Herb Terns will serve two-year terms. All other terms are for one year.

A list of the 2008 chapter board members and contact information appears on the inside front cover.

— Norm Kuchar

# Annual dinner meeting well attended; LeBrun spoke

The Chapter's annual dinner meeting was held at the Schenectady County Community College. Chair Norm Kuchar introduced the current Chapter Board and Main Club guests, Neil Woodworth and Deborah Zack, and gave the 2007 highlights on outings, innings, stewardship, conservation, membership and finances. Neil Woodworth remarked on the Main Club's accomplishments in 2007, specifically the decision by the Supreme Court curtailing power plant emissions. He also thanked the Schenectady Chapter for its

leadership and contributions to ADK over many years.

Vice Chair Horst deLorenzi introduced guest speaker Fred LeBrun, columnist for 41 years for the Albany Times Union. Fred spoke on the development proposals for the Belleayre Mountain area in the Catskills and the Tupper Lake ski area in the Adirondacks and the recent acquisitions of Finch Pruyn lands by The Nature Conservancy.

Eighty people attended the dinner.

The raffle for a \$50 gift certificate to

Glen Sanders Mansion was won by Patty Carroll. The \$325 from the ticket sales will be used as a scholarship fund. High school seniors whose college studies will focus on environmental sciences, will be asked to submit an essay on their college goals to the Schenectady ADK Board. Maria Beurmann will begin the process of contacting representatives of six local high schools in January.

— Submitted by: Horst deLorenzi,  
Vice Chair and Annual Dinner  
Coordinator

## Conservation notes

# Lawsuit forces change in snowmobile grooming

Notes from Oct. 20 Main Club Conservation Meeting:

1. My resolution in River Access was revised and passed. It calls for cooperation among state agencies and local governments to get public access sites 6 to 12 miles apart on rivers in the Open Space Plan and similar rivers. These would be for car-top boats and other types of recreational uses. It is expected no one government body would own all the access sites along a particular river. The background part of the resolution says that the Susquehanna River would be a good place to start since people in that watershed are already working for more river access.

2. Mud season discussion. The DEC regularly discourages people from ascending most of the trails up the High Peaks in the Adirondacks during the spring mud season, giving dates when the season typically exists. It varies. The problem is trail erosion and widening. Hiking on valley trails and low peaks isn't usually discouraged. Apparently, bushwhacks are okay. However, areas besides the High Peaks likely should be avoided in mud season. There seemed too much variation in basic condition of trails and dates of mud season to be able to develop an ADK policy that would be worded to cover all times and conditions for restricting trail use. Thus we are told to "use judgment."

3. ADK indicated its support for the changes to Article XIV of the NYS Constitution that legalized the two wells now in the Forest Preserve near the hamlet of Raquette Lake, which replace a deteriorated water source. (The resolution passed on Election Day.)

4. Lows Lake. The UMP called for allowing float plane landings for only 10 years, which are now up. The DEC has now proposed extending float plane access indefinitely. However, they were not planning an amendment to the UMP or any public participation. ADK and others have complained mightily.

5. AEP Settlement. There has been a huge settlement against American Electric Power for pollution related to old coal

plants not getting emission controls when significant work was done on them. This was the largest settlement ever, but it is apt because AEP has more coal-fired generation than any other utility. New York is one of 13 states which will get a portion of the fine.

### Unit Management Plans

UMPs that were worked on in 2006 have been issued in 2007 but we have not seen new draft UMPs. The revised DEC web site no longer has the long table of UMPs with columns for the dates for important steps for each unit. Will we ever get these done? Only Region 3 (Southern Catskills) is done.

### Battenkill conservancy

I attended their annual meeting Oct. 18 and heard two excellent pertinent talks. 1) Kelly Nolan again had dome testing and analysis of Battenkill water. The gummy stuff found in earlier years is now quite prevalent and is an invasive algae called both "rock snow" and "Didymo" (for *Didymosphenia geminata*). It spreads upstream as well as downstream, frequently covering bank to bank. This Battenkill's great popularity means people from all over come to fish in it. Presumably, this algae is transferred by waders with felt soles, which seldom dry out. 2) Steve Butz, a local teacher, has some of his high school students doing water samples and analysis, mainly in Battenkill tributaries. A DEC person checked out Steve and his procedures so will accept work done under his supervision. This new DEC attitude is welcome.

### Pete Grannis's talk

This new DEC Commissioner gave a talk on his job objective on Oct. 17 at the Rockefeller Institute of Government in Albany. I attended and was pleased with what he said his priorities are. People need to be connected to nature; not just hunters are decreasing but others need to be attracted from TV and video games. He felt that his increased staff has reinvigorated previous staff. He admits that

stewardship of land hasn't kept up with acquisition of new lands.

### Belleayre Settlement

After six years of discussion, conservation and finally settlement negotiations, we end up with the proposed resort cut by 50 to 60 percent and 1200 acres becoming Forest Preserve. The dropped part is to the east of the existing Belleayre ski area. All development will be west of the ski area. Dropped were a high-end hotel, hundreds of condos, time-share units and a golf course. These would have been inappropriate neighbors for the Big Indian and Slide Mountain Wilderness areas. Drainage would have all been into the Esopus Creek/Ashokan Reservoir, which is already impaired. There will, in time, be a golf course, hotel, condos, etc., west of the Belleayre ski center. This development will drain into the East Branch of the Delaware River and its Pepacton Reservoir. High water quality standards and energy efficiency are part of the settlement. All developments must now be on slopes less than 20 percent (instead of over 35 percent). The developer will sell the former (now closed) Highmont ski trails to New York State to be added to NYS's Belleayre ski complex. There will be an environmental impact statement on all the surviving developments and public review of the details.

— Betty Lou Bailey

## BAILEY

(Continued from page 1)

been scheduled to lead two hikes to be published in this edition of The Lookout. In memory and honor of Betty Lou, Herb Terns will lead her Dec. 29 hike to Shippee's Ledge and Walt Hayes will lead her Jan. 13 hike to Pilot Knob Ridge. See the schedule for more details.

Betty Lou died just as The Lookout was going out to the printer. You will find evidence of her influence in the chapter throughout this publication. Please excuse any omissions of her accomplishments.

## Local news and announcements

### Note to hikers: Clean your boots!

Clean your boots! It has become important to clean your boots and get that dirt out from between the cleats in the soles. Why? To stop the transfer of invasive species. This has become a particular problem in the Catskills, where Garlic Mustard has become quite common alongside the trails. A particularly bad example of this is the most popular trail up Mt. Tremper, where within 10 feet of the trail is predominately garlic mustard. For further information on garlic mustard and a drawing of its appearance, read Ruth Schottman's article on page 15 of your September/October issue of Adirondac.

— *Betty Lou Bailey*

### Library name honors Ringlees

The official name of the library committee at Headquarters was changed at the last BOD meeting as per minutes. The name is: "Newhouse and Ringlee Presidential Archives and Library Committee" which honors Bob and Helen Ringlee who have recently turned over the chair position to Jack Freeman. It will be called the "Archives and Library Committee" for short.

### Chapter aids Lock 23 cleanup

On Sept. 18, three Schenectady Chapter members joined Eastern Mountain Sports (EMS) in celebrating their 40th anniversary by working with the employees from the Mohawk Commons store along the Mohawk-Hudson Bike-Hike Trail near historic lock 23. EMS delayed opening all their stores until 2pm in order to volunteer on a trail project. Schenectady Chapter members joined with Professor Andy Morris from Union College finished building a fence and cleared much of the brush along the trail by the lock.

— *Howard Halstead*

### 'Round the Lake Challenge

The Lake George Land Conservancy has established a new patch challenge. The group, designed to educate the public about the lake's natural, historical and cultural resources, has identified 25 sites throughout the watershed with exemplary Lake George qualities: hiking trails with inspiring views; canoe or kayak tours in crystal clear waters; undeveloped and biologically rich natural areas; and walking paths to historical landmarks and other cultural points of interest within towns and villages.

To meet the challenge and become an official 'Round the Laker, participants must visit and experience 20 of the 25 sites and activities identified on the list. All 'Round the Lakers will receive a patch and be listed on the 'Round the Lake Challenge plaque to be displayed at the Macionis Family Center for Conservation. The 'Round the Lake map, with detailed descriptions of sites with directions, will be ready for participants in spring 2008 for a small fee.

The LGLC is now located in their new headquarters in "downtown" Bolton Landing at 4905 Lake Shore Drive

### In memoriam

Long-time chapter member John Winkler died on Oct. 13 at age 66. A native Schenectadian, he was an active member and trip leader for the Schenectady Chapter of the Adirondack Mountain Club. At a recent board meeting, he was fondly recalled by his nickname, "Bushwhack," by board members who had taken trips with him. Winkler was the only known person to bushwhack all 46 High Peaks. He wrote a book about the experience: "A Bushwhacker's View of the Adirondacks," which includes hundreds of beautiful photos. It was just one of three books he published.

(NY9N). For mail, use P.O. Box 1250, Bolton Landing, NY 12814. Their web address is <http://www.lglc.org>.

### End-to-End challenge

The End-to-End, a 29-mile hiking endurance challenge along the Taconic Crest Trail, will be held on Saturday, May 10, 2008, by the Taconic Hiking Club. A longstanding upstate New York hiking event, this day-long endeavor runs along the ridge separating New York, Massachusetts and Vermont.

The one-day event rewards successful hikers with a trail certificate and patch for traversing a cumulative elevation gain of 7,836 feet and a corresponding descent of 9,470 feet. On an unimproved woods trail, the hike is only for the fit and experienced entrant.

The Taconic Hiking Club will set up a camp site on Friday, May 9, 2008 at the Berry Pond start line in the Pittsfield State Forest near Pittsfield, Mass., where entrants will be briefed on the trail conditions. The hike itself will begin the next day at 5:30 a.m..

To register, contact Pam Bailey at 39 Fane Court, Troy, NY 12182 or e-mail [pambailey22@yahoo.com](mailto:pambailey22@yahoo.com). Registration packets will not be mailed out until after Jan. 1, 2008. No more than 25 participants will be enrolled — registration is first-come, first-serve. A list of substitutes will be kept in case of cancellations. Those who participated in 2007 are not eligible to participate in 2008. The cost to participate is \$25 per entry.

### Winter Mountaineering School

The Winter Mountaineering School has been helping hikers enjoy the mountains in winter for over 50 years. This year's program will be based out of the ADK Loj. Check out our website for program details, gear lists, photos, and more.

Weekend Day Hiking Section: January 4-7, Cost: \$310

Weekend Backpacking Section: January 4-7, Cost: \$275

Combo Section (Day Hikes & 3-night Backpack): January 4-10, Cost: \$375

For more information, go to <http://www.winterschool.org> or call 523-3441.