The Lookout

October - November 2017

Adirondack Mountain Club — Schenectady Chapter

Dedicated to the preservation, protection and enjoyment of the Forest Preserve

http://www.adk-schenectady.org
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Vacant

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Ididaride cyclists roll toward the first rest stop on Route 8.
Photo by Chuck Helfer (helferphoto@gmail.com)
Story on page 5
Norm Kuchar, Walt Hayes Honored for Service

Distinguished Volunteers indeed!

Norm Kuchar and Walt Hayes were honored for countless trail miles, hours of labor and leadership and years of volunteer roles at the June Board of Directors meeting of the Adirondack Mountain Club. Bob Grimm, chair of the ADK Awards & Recognition Committee, presented Norm and Walt ADK’s Distinguished Volunteer Award.

Norm, an active ADK member since 1983, joined the Schenectady Chapter in 1993. He has served the chapter and ADK overall in numerous capacities, most enduringly as a chapter trip leader since 2002, during which time he has led more than 130 hikes. In addition, he has served on ADK’s Board of Directors and Executive Committee, and has been an active member of the ADK Archives and Trails committees. As chair of the Schenectady Chapter Trails Committee, he is expanding the program by adopting and maintaining Adirondack trails destined to become part of the North Country National Scenic Trail. He is ADK liaison to the NCNST.

Walt joined ADK in 1971 as a Schenectady Chapter member. He has held many positions for the chapter and ADK overall, including treasurer, outings chair, and trip leader for the chapter and vice president, Executive Committee member, treasurer, and governor for ADK overall. He has performed hours and hours of trail work, mostly on the Northville-Placid Trail, and in the late 1980s chaired the search committee that led to the purchase of ADK’s Member Services Center (headquarters) in Lake George. Walt’s lengthy experience with the chapter outings program, which he continues to serve as trip leader, spans 42 years and an estimated 400 hikes.

Walt Hayes, left, and Norm Kuchar at the ADK Headquarters in June.

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Annual Dinner Reservation Form
Tuesday October 24 at SCCC Van Curler Room
Wine and Cheese reception 5:30pm ~ Dinner 6:15pm ~ Program 7:15pm

Please indicate number of dinners @ $24 each:

_____ Breast of Chicken w Sausage and Apple Dressing
_____ BBQ Brisket of Beef w Wild Mushroom Sauce
_____ Vegetarian Shepherds Pie w Vegetables and Yukon Gold Potatoes
Dinners include Spinach w Cranberries Salad, Entrée, Deluxe Chocolate Cake, and Coffee.

Name(s):____________________________________________________ Phone:_________________

Mail this form and your check made out to Schenectady Chapter ADK to:
Stan Stoklosa
8 Archer Drive, Clifton Park, NY 12065
by Monday, October 16

Vote for your 2018 Chapter Board Officers by October 24

The nomination Committee has prepared the following slate of officers for the 2018 Schenectady ADK Chapter Board. No additional nominations have been made by petition, so the candidates are presented for vote in the form below. Ballots must be received by October 24, 2017 to be valid.

Please cast your vote using the column to the right. Clip the ballot and send it to:
Schenectady ADK, Attn: Jacque McGinn, Secretary, 79 Kenaware Avenue, Delmar NY 12054
The new officers will be officially announced in the next issue of The Lookout.

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<thead>
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<th>Position</th>
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<th>Your Vote</th>
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<tr>
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<td>Mike Brun</td>
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<td>Roy Keats</td>
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<td>Jason Waters</td>
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ADK Dinner Features Eagle Expert Peter Nye

This year's annual dinner of the Schenectady Chapter will feature as speaker, wildlife biologist Peter Nye, who was instrumental in reintroducing the bald eagle to New York State.

Pete will explore the biology, remarkable comeback, and current status of the bald eagle in New York State and elsewhere, and will throw in tidbits about golden eagles or other New York raptors should there be questions. But, this night is all about eagles! Come with questions!

Peter was the leader of New York State’s Endangered Species Unit for the Department of Environmental Conservation for 36 years before retiring in 2010. He was deeply involved in rare species research, management and conservation efforts, especially including extensive work on peregrine falcons, osprey, short-eared owls, golden and bald eagles. He has led numerous investigations into breeding and wintering ecology, migratory pathways and essential habitats of these species, and has written extensively of these research results.

He led the effort to successfully restore bald eagles to this state, was a past leader of the US Fish and Wildlife Service Northern States Bald Eagle Recovery Team, is a member of the select international working group on sea eagles and climate change, and is an adjunct faculty at UAlbany where he teaches a graduate course in wildlife management.

In addition to teaching, Peter volunteers weekly at Habitat for Humanity, is an avid hiker, is an Adirondack 46er and Catskill 3500 member (summer and winter), and successfully summited Mt. Kilimanjaro in Tanzania in 2011 and the Matterhorn in Switzerland. He holds a second-degree black-belt in Budokai karate and enjoys flying radio-controlled helicopters.

Norm Kuchar, Walt Hayes Honored

Continued from Page 1

For the last 10 years, Norm and Walt have been worked toward development of the 4,600-mile North Country National Scenic Trail (NCNST), having made more than 50 trips exploring and mapping potential routes through the eastern Adirondacks. The state Department of Environmental Conservation’s 2015 release of the final NCNST plan for the Adirondack legs incorporated many of their routes and recommendations. They are now helping DEC foresters update the unit management plans to include the NCNST and to map detailed routes for new sections of the NCNST through the trailless areas.

Both have also joined the effort to survey back country ponds for the presence of invasive species, guiding hikes with Mal Provost to take samples over the past couple years.

Norm and Walt are helping DEC foresters to update routes for new sections for the NCNST through trailless areas.

Compiled and adapted from information from Adirondac, the ADK magazine.
Whitewater Safety, Skills Get Refresher

Paddling, whitewater boaters will tell you, is what one does between swims. Which is to say, everyone messes up on occasion and takes a swim in the rapids.

So the trick is both to get skilled enough to avoid most swims, while developing the ability to get safely out of a swim or to help others in trouble.

Those skills are essential to the Schenectady Chapter of the ADK, in our current role and notable history as the whitewater chapter.

But to get to the point, this past summer we had a couple trips on the Indian River – the lead-in to the classic Hudson Gorge run – in which there were scary swims. Fortunately, and due to the skills of the trip members, there were no injuries.

However, this prompted serious discussion about preparation for such a class III run, careful vetting of less experienced paddlers, use of inflatables in difficult rapids, safety policies and practices, first aid and the responsibilities of trip leaders. That discussion came together at the annual whitewater picnic under Ralph Pascale, whitewater chairman, culminating in whitewater instructor Rick Morse offering a refresher and update course on August 20 on the Sacandaga River.

The course included proper equipment, preparation, awareness and pitfalls, as well as on-river rescue and aid techniques. About 20 paddlers – kayakers, canoeists and paddlers in inflatable kayaks or duckies – worked on these skills. Something else to do between swims. Many thanks to all who took part and to the leadership and skills provided by Ralph and Rick.

Rescue techniques include recovering from a capsize, upper left, swimmer retrieval, right, and injured boater recovery, lower left. Photos by Mal Provost
Ididaride Rolls Along Again For 12th Year

A wet, chilly spring became a factor in this summer's 12th annual ADK Ididaride bicycle tour, limiting the training miles of some of the riders, but July 30 was about all one could ask for: cool, almost brisk in the morning and bright and dry through the 77 miles of the course.

Comments to ride organizers, and my own personal experience, were that there were enough days lost to rain that it affected conditioning, leading to a bit lighter turnout than was expected. (A different weather pattern last year offered good riding through the spring and mid-summer, but a serious rain in the Capital District on the ride day trimmed attendance, although the ride was dry.)

So from a rider's perspective there was a good crowd, the peloton wheeling gracefully out of Ski Bowl Road in North Creek under bright blue skies and quickly stretching out along the cool shade of Peaceful Valley Road. That leg is punctuated by hills but also offers long gradual descents before the 20 mile rest area where speeds in the 25 to 40 mph range are hit. Enjoy it while you can. Next is the long, grinding climbs on Routes 8 and 30, through Speculator to Indian Lake. Most riders are laboring up those sections around 11 a.m. - 2 p.m. and the slow pace for about 40 miles of unshaded road makes the cool morning a distant memory.

The final leg is on Route 28 from Indian Lake back to North Creek, with a quick plunge toward Lake Abanakee, then more slow, hot climbs and a big descent to North River followed by flat terrain along the Hudson River back to the Ski Bowl Park. For a slow to average rider such as myself, it's a 6 to 7-hour effort, including stops.

In all there were 474 riders, including 59 doing the 20-mile leg from Indian Lake back to Ski Bowl Park. The average age was 52, officials report, with the largest numbers of riders in the 50 to 64 range, with the outliers being a couple young women under 18 and Walt McConnell, 85, a celebrated rider and trekker who did the 20-miler this year. Men outnumbered women by more than 2-1.

The registration fees -- $60 to $115 depending on when one signed up and shuttle use -- are an important source of trails maintenance and general operating cash for the Adirondack Mountain Club, as the Ididaride is one of its major fund-raising events. According to Sunday Conine, annual fund manager, the registration fees brought in $36,984, which was 14 percent below the goal, a function of lower turnout than anticipated. (There were 475 riders last year, but 538 paid registrants, a fair chunk of whom never showed because the weather was a serious threat) The amenities along the route -- T-shirts, food, portable toilets and such -- eat up a decent amount of money, but the ADK was still developing a net figure for income from the ride.

For all but really elite riders -- they disappear into the distance almost immediately -- it is a long, tiring ride. The scenery, when one remembers to look at it, is great, but what carries the day is the quiet encouragement of your fellow riders and the endless enthusiasm of the volunteers. Those folks staff the registration tables in the morning, feed you at ride's end and most important, keep the bananas, bagels, oranges and Gatorade stocked and ready at the rest stops roughly every 20 miles. There's also occasional mechanical help from the "Sag Wagon" or even a ride back if things just don't go right.

--Mal Provost
Kelly Center, Union College ADK Programs

Stories, songs and a talk on how people view their roles in the North Country will be offered by the Kelly Adirondack Center of Union college this fall and winter. The programs are part of the Kelly Center's expanding efforts to open new windows into the history and lore of the Adirondacks, bring these into the lives of Union College students and enhance the colleges' contributions to public awareness of these resources.

And there's food. Munchies, desserts, coffee and tea are available at the free events beginning at 5 p.m., with programs starting at 5:30 p.m.; there will be time after for Q&A.
Questions? Contact UCALL@union.edu or 388-6072.

Thursday, Oct. 19, Reamer Auditorium
Joe Bruchac, Native American storyteller and writer
Joe is a storyteller and writer from the foothills of the Adirondack Mountains. Much of his writing draws on the land and his Native American ancestry. Joe has performed widely in Europe and throughout the United States. He has authored more than 120 books for adults and children. His honors include a Rockefeller Humanities fellowship, a National Endowment for the Arts Writing Fellowship for Poetry, the Cherokee Nation Prose Award, the Knickerbocker Award, and the Hope S. Dean Award for Notable Achievement in Children's Literature. Website: josephbruchac.com

Thursday, Nov. 2, Kelly Adirondack Center
897 St. David's Ln., Niskayuna
'Adirondack Adventures' Movie
The Forever Wild clause of the State Constitution is constantly under pressure by those who would open the Forest Preserve to activities which could diminish or destroy its character. This film by Lawrence King promotes public awareness of the non-destructive uses of state forest lands, featuring artistic and recreational activities. King is a retired scientist and engineer with General Electric who has devoted much of his adult life to appreciation and conservation of the Adirondacks. As members of the Schenectady Chapter of the Adirondack Mountain Club, Larry and Maryde King have introduced thousands of people to outdoor adventures and stewardship in wild areas.

Thursday, Nov. 16, Reamer Auditorium
John Kirk and Trish Miller
John and Trish perform traditional and original songs of the Adirondacks. Their voices accompany fiddle, guitar, mandolin, and banjo. John has performed with many folk luminaries including Pete Seeger, Margaret McArthur, Allison Krause, Jay Ungar, and Molly Mason. Trish plays guitar and banjo and teaches banjo at Skidmore College. Together they have recorded six CDs including an award winning CD for children. Website: www.johnandtrish.com

Thursday, Feb. 15, 2018, Old Chapel
Elizabeth Vidon, lecture
This series is meant to mark the 100th anniversary of the 46ers, representing those who have summited all the Adirondack peaks over 4,000 feet. This lecture will be based on Elizabeth's article, "Contesting authentic practice and ethical authority in adventure tourism." She will discuss the "real 46ers" who believe they connect more deeply with the region and have a greater sense of ownership of the place due to their years of experience and awareness of Adirondack history. Her premise is that people absorb a place into their own identity and establish an unwritten creed of ethics surrounding use of that place to protect not only the place but their own sense of self.
How do I sign up for a hike?
For further details or to sign up for a hike, call the trip leader. Try to call at least two days in advance, as leaders may cancel on the day before an outing if there is insufficient interest. Leaders reserve the right to refuse participants for any reason, including lack of experience and/or lack of physical fitness. All equipment and supplies are the sole responsibility of the trip participants.

What do I need to bring?
The trip leader will let you know if any special equipment (crampons, snowshoes, etc.) will be needed. In general, you should always carry food, water, rain gear, map, compass, headlamp, first aid kit and extra clothing, including hat and gloves in case temperatures drop. Clothing for wet or cold weather should not be made of cotton — use a synthetic fleece or wool. If in doubt, ask the leader.

What if I don’t have snowshoes/crampons?
The chapter has hi-tech snowshoes and one pair of universal fit crampons available for rental at $5/trip. Contact Stan Stoklosa at 383-3066 to arrange for pick up from his convenient location in Clifton Park. Gear is also available to rent at local retailers.

Should I reimburse drivers for gas?
Yes! Each rider should pay their driver four to five cents per mile, depending on the current cost of gasoline. With gas at $2 per gallon, four cents per mile should be used and at $2.50 per gallon, five cents should be used ($3/gallon — six cents, etc).

The kind of hikes I’d like to do aren’t listed here — what can I do?
Trip leaders may be willing to plan trips based on member suggestions. If there’s a specific trip you’d like to do, contact Larry Woods at 518-810-7552 and let him know.

Wilderness First Aid Course
The Schenectady Chapter Board agreed to provide partial tuition refund for outings leaders who take Wilderness First Aid courses. The program is modeled after the 46ers current program so people who are both 46ers and Schenectady trip leaders can reimbursement. For further information, call Roy Keats at 518-370-0399

### HIKE CLASSIFICATIONS

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<td>A Very Difficult</td>
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<td>C Average</td>
<td>C3D Easy Trip</td>
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Peruvian Andes Trekking, Nov. 16
at Messiah Lutheran Church
Social and slide show/discussion
The Peruvian Andes is one of the best places in the world to do mountain trekking, in the eyes of some even surpassing the Himalayas. Their dimensions are just right: Majestic enough to overwhelm you but not so big that you spend a week to reach their base. They are glacier covered and of impossible beauty, with names such as Chacraraju, Artesonraju, Alpamayo, Huandoy and Ausangate.

These will be the topic of Luis Espinasa’s talk and photos at 7 p.m. on Nov. 16 at the Messiah Lutheran Church, 2850 Guilderland Ave, Rotterdam. It is free, with refreshments, sponsored by the Schenectady Chapter of the Adirondack Mountain Club, and all are welcome.

Espinasa in chef mode.

Luis Espinasa is a cave biologist at Marist College. He has participated on many expeditions both nationally and internationally in his search for previously undescribed cave organisms. During his free time he also enjoys other outdoor activities such as whitewater kayaking, and mountain climbing. His favorite place for trekking and climbing is in the Peruvian Andes, to which he has gone four times. A selection of the best photos taken throughout these Peruvian trips will be presented.

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Innings and Outings

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Thursday, October 5
Paddling Fish Creek Ponds Loop (Saranac Lake area)
Difficulty: Class A2B
Leader: Roy Keats 518-370-0399 or royskipaddle@gmail.com
The exact route would depend on the weather. With warmer weather we would do several short portages to give us a complete loop (put-in to Coppersas Pond, Whey Pond, Rollins Pond, Floodwood Pond, and Fish Creek to take out (same as put-in)). This way we do an out and back on Fish Creek itself from Square Pond to Floodwood and return. The round trip mileage would be 8 to 9 miles. Contact by Tuesday, October 3.

Friday, October 6
Haystack Mountain (Wilkinson, VT)
Class C2B
Leader: Walt Hayes, 518-399-7482
Meeting time 8 a.m. back about 4 p.m. About four miles round trip with 1040 feet of ascent. Great views from the 3420 foot summit. The leader’s great great grandparents left the valley below Haystack 200 years ago. This fall this trip took place for the first time in Ohio. This will be first time up for the leader. Fall colors should be good. No bushwhacking, we will be on trail.

Tuesday, October 10
Number Seven Mountain
Class B2B
Norm Kuchar, 518-399-6243 or nkuchar@nycap.rr.com
Number Seven is one of several small mountains in the Lake George Wild Forest, just east of the Hudson River in the Town of Warrensburg. It is reputed to have great views from open rock near the summit. Reaching the summit was made easier this year, when New York State acquired a tract of formerly private land that blocked access from the south. We'll start at the northern parking area on Buttermilk Road, north of Lake Luzerne. Views from the top include Crane, Moose, Baldhead, Roundtop, Hadley, and Spruce mountains, as well as the Hudson River. Distance is about 5.5 miles, with about 1200 ft. of climb.

Saturday, October 14
Northville-Placid Trail Steward Trip
Class B3D
Roy Keats 518-370-0399 or royskipaddle@gmail.com
Join me for another semi-annual cleanup patrol on the N-P Trail, between Lake Durant and Stephens Pond. Side-cutting, drainage clearing, and light blow-down removal are expected. It is an easy introduction to trail maintenance. This is an out-and-back trip of about 6 miles with a nice scenic spot by the lake for lunch. Limited to 6 participants.

Saturday, October 14
Young Member Outing: Phelps & Tabletop
Class A2B
Dustin Wright, pastor@messiahschenectady.org or 603-953-8782
Bag two more Adirondack High Peaks and enjoy some great fall views with the Young Members Group! This is a roughly 11 miles long, moderately trafficked out and back trail beginning at the Adirondack Loj, mostly on official trails with a short herd path up Tabletop. Total elevation gain is roughly 3900 feet and this outing is canine friendly with prior notice. Young member outings are open to all ADK members no matter your age!

Sunday, October 15
Young Member Outing: St. Regis Mountain
Class: B2C
Jason Waters, 518-369-5516 or jwate78@gmail.com
Join us for a hike up St. Regis Mountain, which is part of the Saranac 6er and features a fire tower. The hike is a 6.8 miles. The excellent view from summit includes Upper and Lower Saranac Lake. Feel free to bring friendly canines!

Thursday, October 19 from 7-9 p.m.
Young Member Social: Van Dyke Restaurant and Lounge
Dustin Wright, pastor@messiahschenectady.org or 603-953-8782
If you're roughly in your twenties and thirties and looking to build some community with other like minded young adults in the Schenectady area, join us for a good (and free) food and great conversation! We'll have a bit of an Octoberfest, discussing the many opportunities available through the ADK for young members and brainstorming about how to increase our young member programming. All are welcome, members and prospective members alike!

Friday, October 20
OK Slip Falls
Class: B2B
Mary MacDonald at mmacdonald003@nycap.rr.com or 518-371-1293
Meet at 8:30 a.m. Hike to the falls and return. Moderate round trip of 6.4 miles to scenic site where falls tumbles into Hudson Gorge. Hiking boots are strongly recommended as there may be some wet areas. Please bring lunch, rain and cool weather gear. Rain early will reschedule trip. The trip will be limited to 10 hikers.

Sunday, October 29
Young Member Hike — Kaaterskill High Peak with Hurricane Ledge
Difficulty: 8.5 mile out-and-back with steep climbs
Mary Zawacki, 914-373-8733, zawackimm@gmail.com
This is a difficult hike up one of the Catskills 3500s. The views from Hurricane Ledge, especially in the fall, are excellent. There is some bushwhacking required.

Saturday, November 4
Young Member Outing: Hurricane Mountain
Class: B2C
Jason Waters, pastor@messiahschenectady.org or 603-953-8782
Working on your Fire Tower Challenge list and looking for some fantastic views? Join the group on the southern approach up Hurricane Mountain! The trail is a 6.6 miles long, moderately trafficked out and back located near Keene. Hurricane features awesome 360 degree views even without climbing the fire tower! Total elevation gain is slightly over 2000 feet and this outing is canine friendly with prior notice.

Saturday, November 4
Northwest Bay Tract, Lake George
Class C2C
Norm Kuchar, 518-399-6243 or nkuchar@nycap.rr.com
This year we'll make a loop using parts of the east and west legs of the blue-marked trail, but also bushwhack between the legs along the base of

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Innings and Outings

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the steep slopes of Middle Mountain. Interestingly, this part of our route is shown as a trail on National Geographic map #743, but no such trail exists, although traces of logging roads are found in places. Nevertheless, the route through open woods is easy to follow, the area is scenic and the walking is pleasant. Distance is about 4 miles, with about 700 ft. of ascent.

Sunday, November 5
Young Member Hike: Ampersand Mountain
Class: B2B
Jason Waters, 518-369-5516 or jwate78@gmail.com
Join our young members group for a hike up Ampersand Mountain, known as the hardest mountain among the Saranac Six! This hike is not one of the 46 high peaks, but at 3352 ft. Ampersand will still be a fun hike! From the bare summit you get a spectacular 360 degree view of the Saranac Lakes and the High Peaks. There are some tough areas, so hiking experience and appropriate footwear is required.

Monday, November 6
Haystack Mountain (Pawlet, VT)
Class C2C
Walt Hayes, 518-399-7482
Meeting time 9 a.m. with return by 4 p.m. About three miles round trip with 1183 feet of ascent. Great summit views. Trail all the way to the 1930 foot summit.

Friday, November 10
Big Indian & Eagle, Class A2B
John Susko 518-383-1284 or jpsusko@netzero.net
Big Indian is considered one of the trailless peaks in the Catskills and has a canister even though the bushwack is short. We'll take advantage of this holiday to hike in from the Seager trailhead along one of the more scenic trails in the Catskills. Big Indian is #19 and Eagle is #29 on the list of Catskill 3500 peaks. The distance is approximately 12 miles (mostly on trail) with 2000 to 2500 feet of ascent.

Saturday, November 11
Haystack Mountain (Norfolk, CT)
Class C2C
Walt Hayes, 518-399-7482
Meeting time 9 a.m. with return about 5 p.m. Trail to the 1677 foot summit is about one mile with ascent of 500 feet. There will be additional hiking in Norfolk making total hiking mileage for the day just under five miles. One possibility is the Great Mountain Forest corporation owning 6000 acres with hiking trails open to the public. Norfolk has many hiking options on public and private lands.

Saturday, November 11
Young Member Hike -- Balsam Lake Mountain & Fire Tower
Easy 5 mile loop
Mary Zawacki, 914-373-8733, zawackimm@gmail.com
Join us for a relaxing hike to one of the Catskills 3500's peaks. Featuring a fire tower at the top, this hike should have nice views of the region.

Tuesday, November 14, from 7-9p.m.
New and Prospective Trip Leader Workshop
Place: Pinhead Susans, Schenectady
Roy Keats 518-370-0399 or royskipaddle@gmail.com

Please join me and some other trip leaders to find out what is involved in leading ADK trips. We will discuss the Trip Leader Guide, share experiences, and discuss concerns. We are always on the lookout for new trip leaders to bring us to their favorite places.

Saturday, November 18
Fifth Peak (Tongue Mountain Chain)
Class: B2B
Roy Keats 518-370-0399 or royskipaddle@gmail.com
We'll park at the Clay Meadow parking lot. From there we will climb about 2.5 miles to the summit of Fifth Peak (elevation gain about 1300 feet). We should have great views out onto Lake George. From there we will retrace our steps to the car. There will be no rattlesnake problems at this time of year.

Saturday, December 9
Whiteface Mountain Memorial Highway Ski
Class A2B
Roy Keats 518-370-0399 or royskipaddle@gmail.com
This is a beautiful ski tour up a road with great scenery all the way up (and down). It is approximately an 11 mile round trip including a quarter mile stair climb from the end of the road to the top. The last quarter mile requires snowshoes with grippers. There is a total of approximately 2500 feet of vertical ascent. A fairly constant 8 or 9 percent grade makes for a continuous downhill run out. Everyone should come layered (no cotton) because the long uphill will warm you up, and the long downhill will cool you off. This is rated as an intermediate trip. Please call or email by Thursday evening before the ski to sign up. Skis with metal edges are recommended.

Young Members Group Update

We have been hard at work over the summer as trip leaders running outings and socials with some pretty awesome results. Based solely on folks who put their age down on their ADK applications (many people don’t), we currently have forty-six young member households in our chapter, two-thirds of which joined in the last two years alone.

Now that we have so many young members, our top priority throughout the 2017-'18 program year will be increasing leadership capacity in all areas of the Schenectady Chapter. As of this writing I am the only young member on our chapter board, but there’s a number of open positions in which some of our young members have expressed interest. Getting young members involved in the board means not only filling open spots but helping them understand the functions of their position and the wider chapter. Perhaps some of us won’t be interested in a chapter board position but would be interested in beginning to serve on committees supporting our Conservation, Webmaster, Publicity and Outings chairs.

Finally, we’re hoping to bring on additional trip leaders and better train current trip leaders, with Jason Waters, Mary Zawacki and I hopefully getting Wilderness First Aid certified. Thanks, everyone for your continued support!

-- Dustin G. Wright
Whitewater Schedule

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<th>Difficulty</th>
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<td>Charles Murray</td>
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<td>III+</td>
<td>Horst DeLorenzi</td>
<td>399-4615</td>
</tr>
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Trip Tales

Round Lake Flat Water Paddle
June 11
Though the day was in the 90s, five travelers braved the heat to explore the Anthony Kill on the far side of Round Lake. Fortunately, once we hit the water a nice breeze kept us cool. The water was nice and high so we were able to go farther than we had ever gone before. This is a lovely, wild, meandering trip. We did not see the eagle this time but herons are always around for viewing. John Ravas, Rick Robinson, Dan Miller and Paul McGinn joined leader Jacque McGinn on one of her favorite paddles.

Mt. Gilligan Trail Maintenance
July 15
Four of us went up to the High Peaks area to do annual maintenance on the trail to Mt. Gilligan, built by our chapter in the mid-1940s. Although it rained very hard as we drove up the Northway, the skies brightened by the time we reached the trailhead. The trail was in good condition, and we mainly had to remove small and medium-sized blowdown. We enjoyed great views of Giant and Rocky Peak Ridge from our lunch spot at the top of the trail. We also stopped at Boquet River Lodge, our chapter's base during its early days. The caretaker, Benn Erb, gave us a tour of the old house and told us that the current owners are restoring the lodge. Good news! Thanks go to the trail workers Walt Hayes, Ken Marcinowski, Ray Sergott and leader Norm Kuchar.

Schroon River Whitewater
July 15
Ample rain brought the Schroon River up to a nice level, so we had a nice day and a great group of 16 or 17 paddlers, everyone was in hard boats except one ducky. There was plenty of time to work on ferrying and surfing a bit at the bottom of the first rapid. We looked out for the fishermen and moved on. Everyone sailed through the drop with flying colors and the rest of the trip was a nice float out.

Kunjamuk River Paddle
July 21
We had a beautiful sunny day for our paddle, and relatively high water. We started in Kunjamuk Bay on the Sacandaga River. Shortly after entering the Kunjamuk we encountered our first beaver dam. We all carried around that one. After that we had two more that most of us were able to force our way up and over after building up enough speed and getting the angle correct. The river's twists and turns made for an interesting paddle with the relatively high current. We made it into Elm Lake where we saw one loon, two great blue herons, and an osprey. On our way out, we were able to run every beaver dam except for the last one which was quite high. Some folks in single boats ran the last one, but the double canoes pulled around it. The participants were: Ron Karpien, Ron Philipp, Ron Larsen, John Ravas, Rick Robinson, Doug Abbe, Teresa Calafut, Karen and Richard Wang, and Sue and Roy Keats, leaders.

Mt. Gilligan trail crew members from left
Ray Sergott, Walt Hayes and Ken Marcinowski.
Photo by Norm Kuchar.

John Ravas navigates a beaver dam on the Kunjamuk River.
Teen Trails winner report

Hurricane Mountain

Alex Cherry, scholarship winner for Teen Trails this summer, writes about a great experience as an ADK volunteer. "I wanted to thank you (Jacque McGinn) and the Schenectady chapter of the ADK for the scholarship to participate in a teen trail maintenance project in the Adirondacks. Thanks to the scholarship I was able to go on three trips. All of these trips were life changing and I will never forget the lessons I've learned from these experiences. These trips truly pushed my limits and I have grown in ways I could never have imagined. I'm looking forward to participating next summer."

--Alex Cherry

Young Member Outing: Santanoni Range
July 22nd

Our young member group had an epic time bagging three Adirondack High Peaks. Six hikers and two canine members went through a fair bit of mud, especially on the herd path to Couchsachraga and just before ascending Panther. That said, the weather was awesome, as were the views, especially on Panther. All in all, a highly successful outing! The trip participants were Mary Zawacki, Alyssa Woodward, Dan Kemp, Michael York, Jeff Kemp, pups Rusty and Willard E. Bear, and Dustin Wright, leader.

Hudson Gorge Whitewater
July 22

Fifteen paddlers enjoyed a great summer trip with higher than normal summer river levels of 4.7' including the release. It was the first Hudson Gorge trip for a number of the paddlers and the warm weather and higher water make for a fun but exciting trip for seven kayakers and eight paddlers in six duckies. Participants were Clarke and Kathy Darlington, Ed and Pam Martuscello, Ed Cunningham, Allison St. Pierre, Rick Morse, Bob Wright, Norm Labbe, Rob Fulsong, Don Orr, Tom Flynn, Horst Delorenzi, Phil Webster, and trip leader Rick Gonzales.

Hudson Gorge
July 29

Paddlers totaled 18, with eight in kayaks and 10 in inflatables (duckies). One kayaker joined us at the confluence of the Indian and Hudson. It was a perfect day with bright blue skies, temperatures in the mid-70s and water level at 3.63 ft. at the North Creek gauge. In kayaks were Nelson Miller, trip leader, Ed Martuscello, Bob Wright, Don Orr, Rick Gonzales, Horst Delorenzi, Tom Flynn and John Banevicus. In inflatables were Pam Martuscello, Carl Heilman III, Graham W Figs, Clarke Darlington, Cathy Darlington, Ed Cunningham, Allison St Pierre, Rick Morse, Roman Cleveland and Queenie Cleveland. There were a few short swims among the duckies.

Northville-Placid Trail
new guide book published

During the summer, The Adirondack Mountain Club released the fifth guide book for the Northville-Placid Trail. Jeff and Donna Case, who have hiked the trail 28 times, edited this addition to the ADK Forest Preserve Series of Adirondack guides. The book is available from ADK Headquarters in Lake George along with a map from National Geographic (Trails Illustrated Map 736: The Northville-Placid Trail). Schenectady Chapter ADK sponsors the patch program for hikers who complete the entire length of the Northville-Placid Trail. To date approximately 2,300 hikers have completed the trail and obtained patches. The patch form is available on the Schenectady Chapter website. Further information available from Mary MacDonald: nptrail@adkschenectady.org.

Sacandaga Release
July 30

We had perfect weather and a nice run on the release after a big Hudson Gorge day. Clarke Darlington had a large contingent for the run so it was a good day to break up the group. Some went with Ed Cunningham to the commercial wave and the rest worked down the left line to get some practice in. On the flat water we had a very informative discussion about duckies and trip safety.

Trip Tales

Alex Cherry, third from right, with Teen Trails workers this past summer season.

Paddling through culvert between Fourth and Fifth lakes on the Essex Chain Lakes.

Paddle of Essex Chain Lakes
August 3

Nine paddlers from the Cold River and Schenectady Chapters of the ADK embarked from the parking area on a one mile carry into Third Lake on the Essex Chain. Although possible afternoon thundershowers were predicted, we entered calm waters to begin the paddle. On Third Lake, we saw loons and a bald eagle as we passed by Gooley Club buildings. We proceeded through weedy wetlands to Fourth, a culvert to Fifth, and on to Sixth and tiny Seventh before turning around to find a suitable lunch site. We lunched at the culvert area which is designated as a handicapped access site. The skies began to darken a bit after lunch and we made a hasty return to our original launch site. We encountered some sprinkles and rumbles of thunder on the hike back to the parking area but
Trip Tales

we avoided anything major. It was good to meet some folks from the Cold River Chapter while enjoying this recently acquired wilderness area. Participants were Mike Brun, Peggy Knowles, Ron Larsen, Judy and Steve Thomson, Karen and Richard Wang, and Sue and Roy Keats, leaders.

Young Members: Seward Range Backpack
August 5-6
Our plans to bag these four bushwhack high peaks on one overnight fell through due to a variety of circumstances. Happily, we hiked in and ascended Seymour very quickly, and spent a nice night at the Ward Brook lean-to. The following day, a late start, and excessive mud meant that only half the group ascended Seward, and no one made it to Donaldson and Emmons. We’ll be back for those two peaks soon, though! Probably up Calkins Brook, next time. Trip leaders: Mary Zawacki, Jason Waters, with Ben H and Patrick K, plus dogs Hazel and Rusty.

Deerfield River Whitewater
August 6
Fifteen paddlers including canoe, two double duckies and 10 kayakers made the trip. It was the first time on the Deerfield for four boaters. A great day was had by all enjoying the weather and good company. There was one swim in the Gap and one impressive roll by our 14 year old new guest, Jordan. Trip Leader: Ed Martuscello.

Godwin Preserve and Pole Hill Pond
August 12
No bushwhacking was needed to get from Godwin Preserve to Pole Hill Pond. The trail continues after leaving the Preserve and there is signage indicating direction to Pole Hill Pond. The pond is beautiful and has a nice rock on the north shore to get directly into deep water for a swim. There are the usual leaches but we avoided them. After a relaxing time at the pond for a lunch and swim, we returned to the car via the Godwin view point. It is an easy climb to a view of High Nopit across the valley and Pole Hill to the far left (south). No good view of Lake George. This is an easy hike to very nice pond enjoyed by Lin Neil and the leader, Walt Hayes.

Annual Picnic Whitewater, Sacandaga
August 12
The annual picnic for the whitewater crew was both fun and productive this year, and also dodged a soaker of a storm. Twenty-plus paddlers showed up, including 15 kayakers, five folks paddling solo inflatable and a couple solo canoes; happily, there were some new faces also. Oscar de la Rosa led the playboaters in surfing on the wave at the raft put-in, while the remainder opted for a good workout in a traditional run down the Sacandaga. The picnic is BYO but Ralph Pascale, whitewater chairman, and Anne Morse anchored the food offerings. Bob Wright was the overall chairman, as he has been in recent years. The serious part of the gathering was a discussion of river safety, which led to the safety program by Rick Morse the following week. (Feature photos in this edition.) Finally, shortly after the party broke up around 4 p.m., the skies opened, but most folks were packed up and gone. Good timing.

Skylight and Gray
August 20
Young members Mike Diana, Josh Casey, David Trestick, leader Mary Zawacki, and cairn terrier Rusty made their way up Skylight and Gray via the Lake Arnold trail from the Loj. Conditions were great but muddy, which complicated the crossing at the floating logs. What was an easy trek across the logs in the morning turned into a 30 minute bushwhack in the afternoon due to the group’s canine companion (and anxious owner). Soggy feet and sunshine prevailed for most of the day, and the group was able to take a long lunch break at the summit of Skylight. This adventure marked peak #45 for both Josh and David!

Big Pond Trail
August 23
This hike was postponed by one day to avoid high temperatures. We had a nice day for hiking, with mostly sunny skies, low humidity and temperatures in the 60s and low 70s. Beginning at the Loch Muller trailhead, we hiked the south end of the Hoffman Notch trail, which our chapter has adopted and will maintain on September 23. But, the focus of this hike was to scout the entire 6-mile Big Pond trail, from the Hoffman Notch trail to Hoffman Road., to determine its condition and decide whether we should adopt it as well. Much of this trail will become a section of the North Country National Scenic Trail (NCNST). We found that this lightly used trail needs a lot of work, and perhaps even relocation in a few wet spots, to get it in shape for the NCNST. The effort needed goes beyond that which our chapter could provide. The scouting party included Tom Bolton, Bob and Nancy Buckley, Walt Hayes, Dave Loux, Jane McCloskey, Kathy Miles, Paul Sirtoli and leader Norm Kuchar.

Cattle Mountain
August 26
Thanks to Alan Via for suggesting this great little mountain. Larry King also spotted the potential of this beautiful destination. Parking along Pumpkin Hollow Road varies winter vs. summer and how far summer hikers want to drive as the road deteriorates. We stopped driving a little short of the final parking area on the border of the state land. After a very short walk we crossed Doig Creek and found the unmarked path running north just west of Cattle Mountain. It appears to be regularly maintained and used for about a mile north of the state hiking trail from Willis Lake to Wilcox Lake. It is in better shape and easier to follow than some marked trails. At the apparent end of the path we took a bushwhack course up a gentle grade to the northern ridge of Cattle Mountain. We followed the ridge south from there to the north summit for lunch and views to the southeast including Sacandaga Reservoir. We dropped down to the east and contoured southwest to the col and then up to the slightly lower south summit of Cattle Mountain. Views here were great to the south and southwest including many favorite peaks such Pinnacle in...
Trip Tales

Bleeker. We took a long break enjoying the view. We took a more direct route back to the car by heading north to the west of the north summit and then westerly on a steeper route than used coming up. A very enjoyable day with Melinda Broman, Lynne Christensen, Norm Kuchar, Kathryn Miles, Lin Neil, Wayne Virkler, Tracy Watson and the leader, Walt Hayes.

Hudson Gorge
August 26
Fifteen paddlers enjoyed a great summer trip on the Hudson Gorge. It was our first club trip with a renewed focus on safety and the first course of action was to divide the paddlers into two smaller groups and select a trip co-leader - thank you Ed Cunningham! The smaller groups allow trip leaders to better manage risks and keep track of people. There were two open boaters who have to have the capability to catch difficult eddies on the Indian River to stop and bail out. The other group included kayakers less familiar with the river and duckies that did not have a need to catch eddies. Participants for the trip were Clarke Darlington, Allison St. Pierre, Rick Morse, Bob Wright, Norm Labbe, Tom Flynn, Tom Cronin, Mal Provost, Anthony Lammano, Anthony Cogino, Matt Phillips, Mark, Horst DeLorenzi, trip leader Rick Gonzales and co-leader Ed.

Hudson Gorge
September 9
Ten paddlers in eight boats enjoyed another exciting trip on the Hudson Gorge at a higher than normal summer level of 4.75 feet, boosted by the Indian River release. Cooler weather had a number of paddlers bringing out dry suits for the first time after the summer paddling season. The higher river level made the Narrows and Soup Strainer rapids a bit more challenging but all of the paddlers had good clean runs. Participants for the trip were Clarke Darlington, Bob Wright, Tom Flynn, Horst DeLorenzi, Ed Cunningham, Don Orr, Ed and Pam Martuscello, Milanos Brun, Adam and trip leader Rick Gonzales.

Paddlers Clarke and Kathy Darlington, Ed and Pam Martuscello, Ed Cunningham, Allison St. Pierre, Rick Morse, Bob Wright, Norm Labbe, Rob Fulsong, Don Orr, Tom Flynn, Horst DeLorenzi, Phil Webster, and trip leader Rick Gonzales stop to take a group photo near North River below the Hudson Gorge, July 22. (Story on page 11)
Photo by Bob Wright
Invasive Insects, Plants Threaten Adirondacks

Invasive species regrettably must remain top priorities for identification and prevention in the waters and woods of New York State, with the Adirondack Mountain Club a critical player.

For example, in July the first infestation by the hemlock woolly adelgid (HWA) in the Adirondack Forest Preserve was confirmed on Prospect Mountain, overlooking Lake George.

According to the Department of Environmental Conservation, a small cluster of HWA was confirmed on one Eastern hemlock tree. A survey crew from DEC and Cornell University spent three days and examined 250 acres in the area, discovering one other infected tree. Neither tree was destroyed and the infestations were minor, probably controllable by the use of insecticides, according to DEC.

But the discovery of the insect has long been feared in the Adirondacks, as there have been infestations in the lower Hudson Valley and Finger Lakes areas for years, so far touching 29 counties. The insect from East Asia was first discovered in New York in 1985. It feeds on young twigs, causing branch dieback and ultimately kills the tree in a matter of years. This has been a major ecological problem in the Appalachains and Southern Catskills and poses a big threat to the hemlock, one of the essential species of the North Country.

ADK in cooperation with the state and other agencies has conducted training sessions in Warrensburg and Gloversville for “citizen scientists” to get more boots on the ground in the effort to monitor forests. Similarly, training has been conducted for back-country water monitors, to check remote ponds for aquatic invaders such as Eurasian watermilfoil, water chestnut and hydrilla. Major water bodies such as Lake George and Lake Champlain – most already with some level of infestation such as zebra mussels and spiny waterflea – continue to be the focus of efforts to check and clean motorized craft before they are allowed to launch.

"Success" in these preventive efforts amounts to discovering infestations before they become major, or better yet finding no invaders, as has been the case in most of the ponds surveyed over the past three years. But the problem is not going away.

More information on HWA, including identification, control techniques, and reporting possible infestations can be found at Cornell’s New York State Hemlock Initiative or the DEC website. You can also call DEC’s toll-free Forest Pest Information Line at 1-866-640-0652 to ask questions and report possible infestations.

--Mal Provost

Emerald Ash Borer in North Country

New York State Department of Environmental Conservation (DEC) has announced that invasive pest emerald ash borer (EAB) has been found and confirmed for the first time in Franklin and St. Lawrence counties. DEC captured the insects in monitoring traps at the two locations.

DEC confirmed the specimens as adult EABs on August 25. The invasive pest was found within a few miles of the Canadian border and may represent an expansion of Canadian infestations into New York.

Emerald ash borer (Agrilus planipennis) is a serious invasive tree pest in the United States, killing hundreds of millions of ash trees in forests, yards and along streets. The beetles’ larvae feed in the cambium layer just below the bark, preventing the transport of water and nutrients into the crown and killing the tree. Emerging adult beetles leave distinctive D-shaped exit holes in the outer bark of
the branches and the trunk. Adults are roughly 3/8 to 5/8 inch long with metallic green wing covers and a coppery red or purple abdomen. The pests may be present from late May through early September but are most common in June and July. Other signs of infestation include tree canopy dieback, yellowing, and browning of leaves.

EAB, which is native to Asia, was first discovered in the U.S. in 2002 in southeastern Michigan. It was found in Windsor, Ontario, the same year. This beetle infests and kills all North American ash species (Fraxinus sp.) including green, white, black, and blue ash.

EAB larvae can be moved long distances in firewood, logs, branches, and nursery stock, later emerging to infest new areas. As part of the State’s ongoing efforts to slow the spread of EAB, NYS Department of Agriculture and Markets (NYSDAM) and DEC have quarantine regulations defining a Restricted Zone encompassing the current known EAB infestations. Regulated articles may not leave the Restricted Zone without a compliance agreement or limited permit from NYSDAM, which allows restricted movement during the non-flight season (September 1 – April 30). Regulated articles from outside of the Restricted Zone may travel through the Restricted Zone as long as the origin and the destination are listed on the waybill and the articles are moved without stopping, except for traffic conditions and refueling. Wood chips may not leave the Restricted Zone between April 15th and May 15th of each year when EAB is likely to emerge.

ADK Releases New Cycle Guide

The Adirondack Mountain Club has published Cycling Routes of the St. Lawrence River Valley and Northern Adirondacks, a cycling guidebook in electronic form.

Two cycling trip leaders in the ADK Laurentian Chapter, Tom Ortmeyer of Potsdam, and John Barron of Ottawa, ON have incorporated experience gained over a number of years of leading trips on both the Canadian and U.S. sides of the St. Lawrence into a guidebook that will appeal to cyclists of all levels of fitness and ability.

The region is divided into five areas: the Northern Foothills of the High Peaks; the Northwestern Adirondacks; Massena/Cornwall area; Potsdam/Canton area; and the Thousand Islands. Each area offers several days of riding.

Each route has its own appeal, rewards, and challenges. Views include lakes and rivers, high panoramas, and historic sites. The rides range from twenty to fifty miles in length. Most are in rolling terrain, some are flat, and some involve long climbs and exhilarating descents. Some are known for wind, and can be much harder to cycle in one direction than the other. All route descriptions include a level of difficulty, maps, photos, GPS data, mileage charts, and intersection instructions.

A handful of the routes are in Canada. Some of these follow cycling paths or parkways along the St. Lawrence River. One provides an introduction to La Route Verte, Quebec’s extensive long distance cycling network.

The book gives suggestions on where to stay for out-of-town visitors, and recommends sights not to be missed while in the region as well as pointing out opportunities for rewarding outdoor experiences that don’t involve cycling (such as paddling and hiking).

Cycling Routes of the St. Lawrence River Valley and Northern Adirondacks comprises twenty-seven ride descriptions in six chapters. It is available online in ePub and Mobi file formats for computer, tablet, and smartphone compatibility here, for $4.95.

The Adirondack Mountain Club, founded in 1922, is a 30,000-member nonprofit organization dedicated to protecting the New York State Forest Preserve and other parks, wild lands, and waters through conservation and advocacy, environmental education, and responsible recreation. ADK publishes twenty titles, including outdoor recreation guides and maps and armchair traveler books, and conducts extensive trails, education, conservation, and natural history programs. Profits from the sale of ADK publications help underwrite the cost of these programs. This title has been developed and made available in digital form by ADK’s Laurentian Chapter, whose members are drawn from the northern Adirondacks and St. Lawrence and Ottawa River Valleys.

For more information, contact ADK, 814 Goggins Road, Lake George, NY 12845; (518) 668-4447; or visit ADK’s website.
Jay Mt. Hiker Recalls Less Trail Traffic

By Tim Rowland

Maybe 15 years ago, having completed the 46 High Peaks and just becoming aware that there were indeed other trails in the Park, I was searching for new options when I stumbled across a brief description of the seldom-climbed Jay Mountain, the capstone of the Jay Range, smack in the center of the Jay Wilderness off of Jay Mountain Road between the communities of Jay and Upper Jay. Everything in Jay is named Jay. People even name their goldfish Jay. Less to remember that way, I suppose. It was a mountain that, it was said, only “the locals” climbed, but if that were the case, those rascally locals weren’t talking. People whom I was certain had hiked Jay clammed up, guarding the secret with the same passion as one trying to keep the nuclear codes away from President Trump.

Of course this only meant that I made up my mind that I would find the trailhead or die. Find it I eventually did, but it wasn’t within a hundred yards of where it was supposed to be, and was marked only by three sorry old stones masquerading as a cairn. I do believe it took longer to find the trail than it did to hike it.

It was technically “trailless,” although you know how that goes; there were no signs, but enough trampled vegetation to find your way without any particular problem. It was, however, an awful footpath, penetrating a thicket of unsightly brush near the top and marked by what I took to be a shrine to a dear departed. It was large and quite colorful, with flags and plastic flowers and a heap of stones that had obviously taken some time to assemble. You felt for the loss of a loved one, but there was nothing forever-wild about it, and the fact that it had not been respectfully removed told me that not even the DEC rangers hiked this mountain with any frequency.

But it was the peak itself that stole the show. It was a mile and a half of spectacular open ridgeline, with fun, challenging scrambles and views to forever that included the High Peaks, Lake Champlain and the distant Greens of Vermont. Were it just over a football field higher, it would have qualified as a High Peak itself and, I was convinced, have been among the most crowded and popular mountains in the Park. Instead — nothing. The number of hikers I met on that glorious summer weekend day could have been categorized as less than one. Same with a couple of subsequent climbs in the early 2000s.

Today it’s different. Five years ago, an official, civilized trail was cut up Jay to encourage more hikers, and it worked; on a July weekend I counted 34 cars at the trailhead. Maybe Jay has simply been “discovered” or maybe it is emblematic of the overcrowding issues in the mountains that is on everyone’s mind. Like a stock picker who has had that one big hit and is deluded into thinking he can find more, I set out to discover other lonely gems that the masses have not yet found, just as I had done 15 years ago with Jay.

It hasn’t gone terribly well. Any number of times this summer I’ve resolved to write about all the “undiscovered trails” I’ve found, where those seeking solitude — even in these days of overpopulated peaks — can still hike all day without seeing another soul. At times I’ve been encouraged, spending entire mornings on a trail traveled only by me. So I’ve crafted these essays in my head, filled with art and poetry, about the road not taken as I have hiked in seclusion on mountains like Hopkins or Marble. But just as I’m smugly putting the final punctuation to these odes to my own nose for wilderness, around the bend comes a troop of about eight million singing girl scouts and a half dozen Dartmouth boys shouldering 24-packs of Labatt’s Blue.

So maybe there’s something to the concerns about overuse. There is talk of a permitting system for hiking the mountains, and I hope it doesn’t come to that, largely because I’m not that organized. I do know that popularity comes in waves, and that perhaps in three our four years we’ll all be fretting over an unanticipated decline in tourism. I also fear I’m becoming one of those grumpy old men who pounds his cane on the floor and demands that kids these days (spoken as a singular noun) get out from behind the computer screen in their parents’ basements and into the fresh air. And then when they do get into the fresh air, pounds his cane and demands they go away.

Today, with mobile technology, they can do both; they can stay connected while they are in the wild. So they are on Jay — and everywhere — and I try to see the good in that, even if it’s cost me a measure of solitude. I also know that with determination there are still places I can hike and be alone. I have not, for example, noticed a lot of selfies originating from Panther Gorge.

--Reprinted Courtesy of Adirondack Almanack
Schenectady ADK
P.O. Box 733 Schenectady NY 12301-0733
http://www.adk-schenectady.org

CHAPTER BOARD MEETINGS: Are held regularly on the 4th Tuesday of the month. No meetings are held in July or August. Any concerns members have may be expressed to any board member listed on the inside front cover, or attend the meetings which are open to the membership. Call a board member for date, time & directions.

CHAPTER DISCLAIMER: People who attend outings reminded that such activities entail a certain degree of danger; and persons participating do so at their own risk. This disclaimer is for both whitewater and regular outings of the chapter.

SCHENECTADY CHAPTER PATCH: This lovely patch (shown at right) can be purchased by mailing a check (payable to Schenectady Chapter ADK) to Mary MacDonald, 27 Woodside Drive, Clifton Park NY 12065. The cost is $3 per patch, which includes the mailing cost.

TRIP LEADERS: If you do not want your trip listed in the local newspapers, call Publicity Chair Roy Keats at 518-370-0399, or royseksi@yahoo.com. This newsletter goes out over the Internet.

EQUIPMENT RENTAL: The chapter has hi-tech snowshoes and one pair of universal fit crampons available to rent at $5/trip. Call Stan Stoklosa at 383-3066 to arrange for pick-up.

WEBSITE: http://www.adk-schenectady.org — All of the latest information will be posted on the Web, i.e. any changes or corrections. Please review our website and related Internet resources Acceptable Use Policy.

CHANGE OF ADDRESS: If you move, you must inform the ADK in order to continue receiving The Lookout. The Lookout is sent via bulk mail, which the Postal Service will not forward. Send changes of address to the Main Club to ensure uninterrupted delivery.

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**Membership Application**

To join the Schenectady Chapter, send this form with payment to:

Check Membership Level:

☐ Family Life $1950
☐ Individual Life $1300
☐ Adult $50
☐ Family $60
☐ Senior (65+) $40
☐ Senior Family 65+ $50
☐ Student (full time 18+) $25
☐ School

NAME______________________________________________
ADDRESS___________________________________________
CITY STATE___________ZIP_________
HOME PHONE________________________________________
EMAIL_____________________________________________

☐ Please save paper and postage and ONLY receive an electronic version of the Chapter newsletter The Lookout via email.

List spouse & children under 18 and birth dates

Spouse ________________birthday________________________
Child ________________birthday________________________
Child ________________birthday________________________

Bill my VISA_____ MasterCard_____Discover_____
Exp. Date_____/____ Account #_____________________

____________________________________________________
Signature (required for charge)

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